

O3A ADVISORY COUNCIL AGENDA



Meeting Date: Tuesday, May 21, 2024
Time: 10:00 a.m. – 12:00 p.m.
Location: Via Conference Call – Zoom
Option to participate in person, Aberdeen
O3A office –2700 Simpson Ave, Aberdeen
Call Info: ZOOM meeting – See email for instructions
ZOOM LINK FOR THIS MEETING ON PAGE 2!

Susan Conniry, Chair

- Call to Order
- Roll Call (Verbal verification from membership roster) **Roll Call**
- New Business/Changes to Agenda
- Public Comment
- Review/Approve April 16, 2024 draft minutes (pgs. 3-4) **Motion to Approve**
- Select COG Meeting Attendee – June 6, 2024 **Select**
- Membership update – Michelle
 - Recommend Ricky Johnson to serve as Regional Tribal Representative (pgs.5-7) **Motion to Approve**
 - Recommend Robert “Steve” Browning to serve as Jefferson County Representative (pgs 8-10) **Motion to Approve**

Executive Director’s Report – Laura Cepoi

- O3A News
- Legislative/W4A Updates – Advocacy issues

Report

Contracts Management & Planning

- Amendment to 2024 OAA contracts for evidence-based programs **Motion to Approve**
- Reallocation of Equity Grant funding **Review**

Local & Committee Reports/Announcements

Report

State Council on Aging –Susan Conniry

Report

Susan Conniry, Chair

- Public Comment
- Adjourn Meeting **Adjourn**

Next Advisory Council meeting: June 18, 2024 by Conference Call/Zoom with in-person option available at Sequim O3A office.

Next COG meeting: June 6, 2024 at 10:00 a.m. by video conference/call.

2024 O3A Advisory Council
Zoom Meeting Information:

Also posted on agency website:

www.o3a.org/Events

Join Zoom Meeting

<https://us02web.zoom.us/j/88223835075>

Meeting ID: 882 2383 5075

One tap mobile

+12532158782,,88223835075# US (Tacoma)

+12532050468,,88223835075# US

Find your local number:

<https://us02web.zoom.us/j/kcfHCnoeaJ>

**The Advisory Council of the
Olympic Area Agency on Aging
Meeting Minutes for April 16, 2024
Location: Zoom Conference Call & Aberdeen O3A Office**

MEMBERS PRESENT: Susan Conniry, Chair; Nancy Gorshe, Vice Chair; Beth Tripp, Eileen Svoboda, Ginny Adams, Jane Lauzon, Jeanette Siburg, Joe Sharkey, Marsha Melnick, Pam Tuttle

MEMBERS EXCUSED: Beth Pratt, Ronnie Meldrum

MEMBERS ABSENT:

O3A STAFF PRESENT: Laura Cepoi, Executive Director; Michelle Fogus, Planner/Program Development Manager.

CALL TO ORDER: 10:01 a.m. by Susan Conniry, Chair.

NEW BUSINESS/CHANGES to AGENDA: No changes.

PUBLIC COMMENT: No public in attendance.

REVIEW/APPROVE MEETING MINUTES: A motion to approve the minutes for March 19, 2024 was made by Marsha with a second by Beth Tripp. **Motion Passed.**

COG MEETING ATTENDEE: Nancy volunteered to attend the May 2, 2024 COG meeting by Zoom.

MEMBERSHIP UPDATE:

Michelle reported that Jeanette Siburg was appointed by the Jefferson County Commissioners. Ads are currently running or scheduled in all counties. We received an application for a regional Tribal Representative. Michelle will reach out to AC members to find volunteers to interview him.

EXECUTIVE DIRECTORS REPORT:

Laura reported that there are 25 legislative priorities under consideration. One item of interest is regarding spousal support; the definition of family needs to be expanded to include in-laws. Another priority is permanently increasing senior nutrition funding. \$15M was approved for this year only. Three of our four counties are in the top 5 most food insecure in the state (Pacific, #3; Grays Harbor, #4; and Clallam, #5; Jefferson is #15). About 14% of our PSA is food insecure, which is much higher than the state average. O3A is looking at ways to address “affordable aging,” i.e., funding basic needs such as food and housing. The MAV is part of addressing food insecurity in our region and recently added five new sites across the four counties. We received an additional \$60,000 from DOH to be used for MAV operating costs, frozen protein and other supplies, and emergency preparedness supplies.

Dementia training for staff is underway in Clallam County. Last month it was provided to staff in the south counties. Bri Buchanan is also signing people up for the STAR-C training, providing behavioral planning for in-home clients. Three staff have signed up as well as a nurse from the Jamestown tribe and a social worker from Grays Harbor.

W4A recently presented data on shifting demographics. Overall, in-home clients are younger, with 1 in 7 having significant mental health issues; they have an average of 5-6 chronic conditions; and they are growing more diverse. Our PSA already has over 30% of the population over age 60, so we are addressing many of the issues the state is anticipating. WA Cares will go into effect in July 2026 and is expected to add 25,000-50,000 more clients to the approximately 76,000 current clients. This will increase O3A's need to develop contracts for covered services. We expect to add another contract specialist to help with developing and managing those contracts.

Some state trends in service delivery include increasing remote services and monitoring, using more assistive technology to support human caregivers, addressing the increase in cognitive and behavioral issues, and finding ways to address housing. There has been a sharp increase in the number of people moving into Adult Family Homes (AFHs); 1,000 new AFHs opened in the state last year. Our PSA has a critical shortage of AFHs and other facilities. We are looking at the possibility of using fund balances to support AFH development in our region. The Quinault Nation has expressed interest in developing one for tribal members.

CONTRACTS MANAGEMENT AND PLANNING:

- Senior Nutrition Program RFP: Joe, Marsha, Ginny and Eileen volunteered for the allocations committee to review proposals in late June/early July.
- Grays Harbor Rural Health Equity Grant allocation: Motion to approve by Eileen, seconded by Pam; passed unanimously. (Susan abstained)
- Clallam Rural Health Equity Grant reallocation of existing funds: Motion to approve by Marsha, seconded by Nancy; passed unanimously. (Susan abstained)
- Senior Farmers Market 2024 season, selection of Jefferson Co provider and allocation of regional funds. Ginny noted that she would like to see the farmer's market in Jefferson work with senior centers to get the word out and improve utilization. Eileen said their RFP proposal included working with senior centers and food banks. Motion to approve by Marsha, seconded by Ginny; passed unanimously.

LOCAL MEMBER REPORTING:

- Pam reported that the call-in program is going well and continues to grow.
- Ginny reported that the Port Townsend senior center has hired a full-time cook and is now providing meals five days a week. Meals are well-attended.

STATE COUNCIL ON AGING:

Susan reported that housing has emerged as the largest issue statewide. In Ocean Shores, someone commented to her that the lack of housing for workers could impact the city's tourism business. Susan asked the City Council to read the proclamation from the state that May is Older Americans Month.

MEETING ADJOURNED:

10:37 a.m. by Susan Conniry, Chair



Olympic Area Agency on Aging

11700 Rhody Drive
Port Hadlock, WA 98339
www.o3a.org

Phone: 360-379-5064 or 1-866-720-4863 Fax: 360-379-5074

DATE: April 29, 2024

TO: O3A Advisory Council

FROM: Michelle Fogus, Planner/Program Development Manager and Nancy Gorshe, Vice Chair

RE: Request to appoint new member to Advisory Council

Background:

In response to outreach efforts, we received an application for a regional tribal representative. On April 23, 2024, an interview committee (Nancy Gorshe and Michelle Fogus) conducted an interview with Ricky Johnson, who manages the elders program for the Jamestown S'Klallam tribe in Sequim and is a resident of Clallam County. The committee unanimously recommends him to a position on the Advisory Council. Mr. Johnson's redacted application is included in this month's Advisory Council meeting packet.

Michelle also emailed the tribal liaisons at the Office of Indian Policy (OIP) to request that they forward Mr. Johnson's resume to the tribes in our service region to request feedback. Those who responded did not know Mr. Johnson personally but registered no objection; the OIP liaison for Clallam County does know him and enthusiastically recommended him.

Proposed Motion:

The Olympic Area Agency on Aging Advisory Council recommends that the Council of Governments appoint Ricky Johnson as the Regional Tribal Representative on the Advisory Council for a three-year term.



Olympic Area Agency on Aging

2200 W. Sims Way, Unit #100
Port Townsend, WA 98368

www.o3a.org

Phone: 360-379-5064 or 1-866-720-4863 Fax: 360-379-5074

APPLICATION FOR ADVISORY COUNCIL MEMBERSHIP

Name: Ricky Johnson

Address: _____

Telephone: (home) _____ (work) _____ (cell) _____

Email: _____

In what field of work have you been most involved? Elder Program

Membership Position Applied for: The Advisory Council consists of four representatives from each county in our service area, plus 5 regional positions as below listed (21 in all):

___ County (circle which county): Clallam Jefferson Grays Harbor Pacific

Regional Tribal ___ Regional Minority

___ Regional Disabilities ___ Regional Elected Official

(State Council on Aging liaison is appointed by the Governor)

We are required by the Older Americans Act to ensure appropriate representation of ethnic groups and older adults:

Your Ethnicity: American Indian 60+ years of age? ___ Yes No

Please list two references who have known you for more than one year.

1. Lisa Barrell Phone _____

2. Michael Blacksmith Phone _____

Please list your community service experience:

President of Sequim Junior Soccer - Also coach 2 youth soccer teams in spring and 1 in fall each year from 2016-present

Former Board Member of Sequim Good Governance League

Describe your experience/interest in aging and/or disability issues:

Its in our S'Klallam DNA to look after, protect, listen to, and support our Elders. I have a Passion for helping both Elders, the disabled, and children. Its the way I was raised.

Why would you like to serve on the Advisory Council?

To build upon the work that has been done. To challenge myself.

Time commitment: The full Advisory Council meets the third Tuesday of every month (except December, and usually a summer break in July or August). Meetings are being held via Zoom and/or conference call during the COVID-19 pandemic. In person meetings, when we are able to resume those once more, are held at the Civic Center in Shelton, WA. Meetings are generally from 10:00 a.m. – 12:30 p.m. Mileage is reimbursed at the IRS rate and lunch is provided for in-person meetings. There are occasional additional meetings, dependent upon committee assignments or for special activities and projects. A brief list of “Advisory Council Roles and Responsibilities” is included for your reference with this application. In addition, each Council member is required to serve on at least one standing committee. Current committees are: Advocacy/Outreach, Allocations, and Planning.

I am aware of the time commitments involved, and if selected, I believe I will be able to fulfill them.



Applicant’s Signature

04/08/24

Date

Thank you for your application! Please return this form with any additional written materials you would like us to consider in the review of your application to:

Ingrid Henden, Program Manager, Olympic Area Agency on Aging,
2200 W. Sims Way, Unit #100, Port Townsend, WA 98368.
FAX = (360) 379-5074. Email: Ingrid.henden@dshs.wa.gov



Olympic Area Agency on Aging

11700 Rhody Drive
Port Hadlock, WA 98339

www.o3a.org

Phone: 360-379-5064 or 1-866-720-4863 Fax: 360-379-5074

DATE: May 9, 2024

TO: O3A Advisory Council

FROM: Michelle Fogus, Planner/Program Development Manager and Nancy Gorshe, Vice Chair

RE: Request to appoint new member to Advisory Council

Background:

In response to outreach efforts, we received an application for a Jefferson County representative. On May 8, 2024, an interview committee (Eileen Svoboda, Jeanette Siburg, and Michelle Fogus) conducted an interview with Robert "Steve" Browning, a resident of Jefferson County. The committee unanimously recommends him to a position on the Advisory Council. Mr. Browning's redacted application is included in this month's Advisory Council meeting packet.

Proposed Motion:

The Olympic Area Agency on Aging Advisory Council recommends that the Jefferson County Commissioners appoint Robert "Steve" Browning to the Advisory Council for a three-year term.



Olympic Area Agency on Aging

Clallam, Grays Harbor, Jefferson & Pacific Counties

Olympic Area Agency on Aging

2200 West Sims Way, Unit 100

Port Townsend, WA 98368

www.o3a.org

Phone: 360-379-5064 or 1-866-720-4863 Fax: 360-379-5074

APPLICATION FOR ADVISORY COUNCIL MEMBERSHIP

Name: ROBERT STEPHEN BROWNING

Address: [REDACTED]

Telephone: (home) — (work) — (cell) [REDACTED]

Email: [REDACTED]

In what field of work have you been most involved? NONPROFIT EXECUTIVE LEADERSHIP (Primarily with the American Cancer Society)

Membership Position Applied for: The Advisory Council consists of four representatives from each county in our service area, plus 5 regional positions as below listed (21 in all):

County (circle which county): Clallam (Jefferson) Grays Harbor Pacific

Regional Tribal Regional Minority

Regional Disabilities Regional Elected Official

(State Council on Aging liaison is appointed by the Governor)

We are required by the Older Americans Act to ensure appropriate representation of ethnic groups and older adults:

Your Ethnicity: CAUCASIAN 60+ years of age? Yes No

Please list two references who have known you for more than one year.

- JOHN BRANNELLY, ASSIST. E.D., FAIRFIELD CO. (CT) MEDICAL ASSOC. Phone [REDACTED] OR [REDACTED]
- BONNIE MAHAN, FORMER DIR OPERATIONS AMERICAN CANCER SOCIETY Phone [REDACTED]

Please list your community service experience:

30 years of leadership in nonprofit community development, program development, mission outreach, patient services, media and

Describe your experience/interest in aging and/or disability issues: corp. relations,

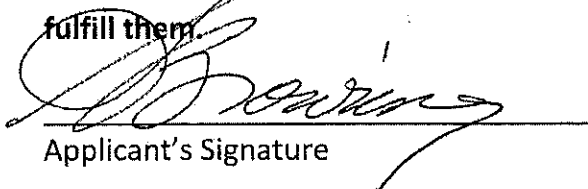
Served as caretaker and conservator for elderly relatives. In my career worked with a variety of networks for community health and

Why would you like to serve on the Advisory Council?

Wellness. Strong drive for using my skills, leadership, knowledge, judgement and experience to improve the lives of underserved and other communities in need.

Time commitment: The full Advisory Council meets the third Tuesday of every month (except July or August and December) via Zoom, with a rotating in-person option in Sequim and Aberdeen. Meetings are generally from 10:00 a.m. – 12:00 p.m. If in-person meetings resume, they will be held in Shelton. Mileage is reimbursed at the IRS rate. There are occasional additional meetings, dependent upon committee assignments or for special activities and projects. A brief list of "Advisory Council Roles and Responsibilities" is included for your reference with this application. In addition, each Council member is required to serve on at least one standing committee. Current committees are: Advocacy/Outreach, Allocations, and Planning.

I am aware of the time commitments involved, and if selected, I believe I will be able to fulfill them.


Applicant's Signature

4.29.24
Date

Thank you for your application! Please return this form with any additional written materials you would like us to consider in the review of your application to:

Michelle Fogus, Planner/Program Development Manager, michelle.fogus@dshs.wa.gov or
send to Olympic Area Agency on Aging,
2700 Simpson Ave, Suite 205, Aberdeen, WA 98520.



Olympic Area Agency on Aging

2200 W. Sims Way, Suite 100
Port Townsend, WA 98368
www.o3a.org

Phone: 360-379-5064 or 1-866-720-4863 Fax: 360-379-5074

MEMORANDUM

DATE: April 29, 2024
TO: O3A Advisory Council
FROM: Janis Housden, Contracts and Program Manager
RE: 2024 Older Americans Act – Contract Renewals **AMENDMENT**

Background:

Evidence-Based Health Programs – Since the 2023 contracts included diverse and important evidence-based programs reaching into almost all of O3A’s service area, we chose to offer contract renewals for 2024 instead of issuing a new RFP. We were successful in coming out of the pandemic in 2023 with not only new programs, but the opportunity to expand much needed services into Pacific county by partnering with Ocean Beach Hospital for their Otago program which assists over 20 frail older adults gain increased balance and strength. Also new to O3A last year was the partnership with the Pacific Senior Activities Center. We supported their SAIL program with a small amount of funding as the trainers volunteered their time for the well-attended SAIL classes. Bingocize is offered online throughout all four of our counties and is picking up in popularity. Not only does Bingocize offer nutrition and falls prevention education but includes simple strengthening exercises. We are continuing our contracting relationship with Marsha Melnick (5+ years) for her successful programs: SAIL and TJQMBB.

AMENDMENT: Recently, I learned that we had a small balance of American Rescue Plan Act (ARPA) T3D funding remaining to spend out by 9/30/2024. I reached out to all T3D contractors for querying into their additional funding needs. Ocean Beach Hospital, who provides the Otago program in Grays Harbor, asked if they could train two trainers and offer the SAIL program to the more active seniors along the Long Beach peninsula. Their proposal is to offer one workshop of 50 sessions to approximately 20 older adults for a contract total of \$9,760.00, beginning in June 2024. This all rounds up to allocate the remainder of the ARPA fundings.

Evidence-Based Health (Falls Prevention): ~~\$30,230~~ **\$39,990**

Marsha Melnick - Clallam	
SAIL/TJQMBB	\$ 9,230
Bingocize – (all counties)	\$ 8,000
Otago – Grays Harbor	\$10,000
Jefferson HC – TJQMBB	\$ 2,000
Pacific Senior Center (SAIL)	<u>\$1,000</u>
	\$30,230
Ocean Beach Hospital (SAIL)	\$ 9,760
Total EB Health Programs:	\$39,990

Recommendation: I respectfully recommend the Advisory Council approve the proposed additional Evidence-Based Health contract for a SAIL workshop utilizing the remainder of the T3D allocated ARPA funding.

Proposed Motion:

Olympic Area Agency on Aging Advisory Council approves the recommendation for the additional evidence-based health promotion contract described above for the amount of \$9,760.



Olympic Area Agency on Aging

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MEMORANDUM

Date: May 15, 2024
To: O3A Advisory Council
From: Ingrid Henden, O3A Contracts Manager
RE: Clallam Rural Health Equity Grant Updates

Background:

O3A received a \$350,000 grant from the Department of Health to address rural health inequities related to the COVID-19 pandemic.

After conducting an RFP, we issued contracts for the following programs:

- Jefferson Healthcare: \$69,160 for a Care Gap Closer
- Jefferson Public Health: \$49,799 for Community Outreach (funded at 40%)
- North Beach Senior Center: \$75,000 for MAV events
- Port Angeles Food Bank: \$67,016 for Nourishing Neighbors
- Sequim Food Bank: \$ 73,725 for Welcome Home Food

Updates:

As previously reported to the council, Jefferson Healthcare was not able to hire a Care Gap Closer and returned their funds to O3A. We offered a portion of those funds to Jefferson Public Health to fully fund their Community Outreach program, however they did not need the extra funds and fully spent out their grant in April 2024. We did allocate a portion of the funding to North Beach Senior Center to fund additional sites in Jefferson County.

As Jefferson Public Health declined the additional funds, we were left with \$43,500 in unallocated funding. Due to the short timeline for expending funds by May 31, we contacted the two contractors who were close to spending their contract amount, North Beach Senior Center and Sequim Food Bank to see if they could use the extra funding and both contractors accepted.

North Beach Senior Center: add \$35,000 for MAV food and supplies purchases

Sequim Food Bank: add \$8,500 to fund Welcome Home Food for May (original contract was through April)