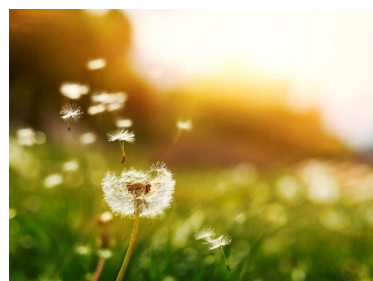


O3A ADVISORY COUNCIL AGENDA



- Meeting Date:** Tuesday, April 16, 2024
- Time:** 10:00 a.m. – 1:00 p.m.
- Location:** Via Conference Call – Zoom
Option to participate in person, **Aberdeen**
O3A office –2700 Simpson Ave, Aberdeen (*Sequim office closed for training*)
- Call Info:** ZOOM meeting – See email for instructions
ZOOM LINK FOR THIS MEETING ON PAGE 2!
-

Susan Conniry, Chair

- Call to Order
- Roll Call (Verbal verification from membership roster) **Roll Call**
- New Business/Changes to Agenda
- Public Comment
- Review/Approve March 19, 2024 draft minutes (pgs. 3-4) **Motion to Approve**
- Select COG Meeting Attendee – May 2, 2024 **Select**
- Membership update – Michelle

Executive Director’s Report – Laura Cepoi

- O3A News
- Legislative/W4A Updates – Advocacy issues

Report

Contracts Management & Planning

- Select allocations committee for Senior Nutrition Program RFP **Select**
- Grays Harbor Rural Equity Grant Amendment (p. 5) – Michelle Fogus **Motion to Approve**
- Clallam Rural Equity Grant Amendment (p. 6)—Michelle Fogus **Motion to Approve**
- Senior Farmers Market Nutrition Program 2024 Season (p. 7) — **Motion to Approve**
 - Selection of Jefferson Co provider
 - Allocation of regional funding

Local & Committee Reports/Announcements

State Council on Aging –Susan Conniry

Report

Susan Conniry, Chair

- Public Comment
- Adjourn Meeting **Adjourn**

Next Advisory Council meeting: May 21, 2024 by Conference Call/Zoom with in-person option available at Aberdeen O3A office.

Next COG meeting: May 2, 2024 at 10:00 a.m. by video conference/call.

2024 O3A Advisory Council
Zoom Meeting Information:

Also posted on agency website:

www.o3a.org/Events

Join Zoom Meeting

<https://us02web.zoom.us/j/88223835075>

Meeting ID: 882 2383 5075

One tap mobile

+12532158782,,88223835075# US (Tacoma)

+12532050468,,88223835075# US

Find your local number:

<https://us02web.zoom.us/j/88223835075>

DRAFT

**The Advisory Council of the
Olympic Area Agency on Aging
Meeting Minutes for March 19, 2024
Location: Zoom Conference Call & Aberdeen O3A Office**

MEMBERS PRESENT: Susan Conniry, Chair; Beth Tripp, Beth Pratt, Eileen Svoboda, Ginny Adams, Joe Sharkey, Marsha Melnick, Pam Tuttle, Ronnie Meldrum.

MEMBERS EXCUSED: Nancy Gorshe, Vice Chair

MEMBERS ABSENT: Jane Lauzon

O3A STAFF PRESENT: Laura Cepoi, Executive Director; Ingrid Henden, Contracts Manager; Michelle Fogus, Planner/Program Development Manager.

CALL TO ORDER: 10:05 a.m. by Susan Conniry, Chair.

NEW BUSINESS/CHANGES to AGENDA: No changes.

PUBLIC COMMENT: Jeanette Siburg, Jefferson County applicant, introduced herself.

REVIEW/APPROVE MEETING MINUTES: A motion to approve the minutes for February 20, 2024 was made by Marsha with a second by Pam. **Motion Passed.**

COG MEETING ATTENDEE: Eileen volunteered to attend the April 16, 2024 COG meeting by Zoom.

MEMBERSHIP UPDATE:

Michelle reported that Jeanine Grey has resigned, leaving two vacancies in Pacific County. Jeanette Siburg's appointment is pending approval by the Jefferson County Commissioners. Ads will be placed in the next few weeks to recruit new members. If anyone knows of someone who may be interested, please ask them to contact Michelle.

APPOINT COMMITTEE CHAIRS: Susan appointed the following volunteers to chair each committee: Advocacy, Ronnie; Planning, Ginny; Allocations, Nancy (Michelle will confirm that she is still interested in serving; if not, Marsha will assume the chair).

DEMENTIA TRAINING OPPORTUNITY: Members were reminded of two upcoming trainings, one in Hoquiam and one in Sequim, that they are invited to attend. These are 8-hour trainings that will take place over two days. They are professional certification trainings. AC members who would like to attend are asked to contact Michelle.

EXECUTIVE DIRECTORS REPORT:

Laura reported that the legislative session has closed. The new budget added \$12M for senior nutrition. This is especially important in our rural area, where we have some of the highest per-meal costs and highest rates of food insecurity in the state. The MAV is now serving 23 sites and we are looking for continued funding to support low-barrier nutrition access.

Case Management positions have all been filled. The Contract Specialist and Payroll Accountant positions are currently open.

RFP responses for the Senior Farmers Market program will be reviewed next month. The program provides fresh local food and encourages seniors to get out and participate in their community markets. Vouchers are much higher than other states at \$50. However, the redemption rate is only about 58%, indicating that many people do not have access to pick up the food. Allocations committee members will be contacted about reviewing proposals; Joe and Eileen volunteered to score the proposals.

Laura also reported that O3A is gearing up for WA Cares benefits to become available in July 2026. We will need to support local contractors, particularly small ones, to increase capacity and navigate the payment system.

Bri Buchanan is busy getting certifications for a range of dementia training programs. She will be providing training to caregivers, working to set up Dementia Friends (dementia-friendly community champions) and Star-C (behavior management in home) as well as the professional staff certification trainings. Dementia is the fourth-leading age-adjusted cause of death, and there is currently no cure. Mitigation is focused on changing the environment, reducing stigma, and encouraging early diagnosis. Beth T suggested reaching out to the Dylan Harrell Community Center as a potential place for day services, and Ginny suggested looking into the Port Townsend Community Center.

LOCAL MEMBER REPORTING:

- Pam reported that the call-in program is going well. Participant information has been shared with the Ocean Shores PD in case they need to perform wellness checks. The Senior Resource Center is now open 5 days/week. They received a new computer and are getting a new phone system that will have the capability of transferring calls to Pam's personal cell phone for weekend coverage.

STATE COUNCIL ON AGING:

Susan was unable to attend the meeting but reported that the legislative committee meets frequently and sent thank-you letters to legislators. They are reaching out to invite legislators to more meetings. They will also start working soon on next year's request and she is reaching to the Ocean Shores Council to develop their own legislative agenda. She will share minutes when approved.

MEETING ADJOURNED:

10:48 a.m. by Susan Conniry, Chair



Olympic Area Agency on Aging

2200 W. Sims Way, Unit #100
Port Townsend, WA 98368

www.o3a.org

Phone: 360-379-5064 or 1-866-720-4863 Fax: 360-379-5074

MEMORANDUM

DATE: April 10, 2024
TO: O3A Advisory Council
FROM: Michelle Fogus
SUBJECT: Allocation of additional grant funds for the MAV project

Background

The Department of Health (DOH) recently granted an additional \$60,000 to the MAV project. These were funds that another grantee was unable to expend. Funding will be used to support increased operating expenses due to the new sites added in March (Bay Center, Taholah, Pacific Beach, Brinnon, and Quilcene), purchase of frozen protein items (the most needed and requested food items, which have been in short supply), purchase of other supplies as needed (such as hygiene kits and cold weather gear), and purchase of emergency preparedness items.

Funds were received under the south counties (Grays Harbor and Pacific) contract; however, funds may be reallocated by O3A to the north counties (Clallam and Jefferson) DOH rural equity grant to meet service needs. While we believe there is currently enough funding in the north counties from the original grant to cover most or all program expenses in Jefferson and Clallam through the grant period ending May 31, 2024, we would prefer to reserve \$10,000 of the additional funds to be allocated between the north and south counties closer to the end of the grant period based on final needs estimates.

Recommendation:

O3A recommends that the Advisory Council approve the allocation of the additional DOH grant funding as follows: \$50,000 to the south counties (Grays Harbor and Pacific) MAV program, with the remaining \$10,000 to be allocated between the north and south MAV programs in May by agency staff to best meet service needs.

Proposed Motion: The Olympic Area Agency on Aging Advisory Council recommends that \$50,000 of the additional DOH funding be allocated to the MAV project in the south counties (Grays Harbor/Pacific), with the remainder of all available grant funds to be allocated by agency staff in May 2024 between the north and south counties programs.



Olympic Area Agency on Aging

2200 W. Sims Way, Suite 100

Port Townsend, WA 98368

www.o3a.org

Phone: 360-379-5064 or 1-866-720-4863 Fax: 360-379-5074

MEMORANDUM

Date: April 11, 2024
To: O3A Advisory Council
From: Ingrid Henden, O3A Contracts Manager
RE: Clallam Rural Health Equity Grant Amendment

Background:

O3A received a \$350,000 grant from the Department of Health to address rural health inequities related to the COVID-19 pandemic.

After conducting an RFP, we issued contracts for the following programs:

- Jefferson Healthcare: \$69,160 for a Care Gap Closer
- Jefferson Public Health: \$49,799 for Community Outreach (funded at 40%)
- North Beach Senior Center: \$75,000 for MAV events
- Port Angeles Food Bank: \$67,016 for Nourishing Neighbors
- Sequim Food Bank: \$ 73,725 for Welcome Home Food

Amendments

The grant will end on May 31, 2024. Unfortunately, Jefferson Healthcare was never able to hire a Care Gap Closer and will be returning their funds. We would like to use those funds to fully fund the Community Outreach program at Jefferson Public Health and to add MAV sites in Brinnon and Quilcene. We propose amending the contracts as follows:

North Beach Senior Center: add \$15,000 for additional sites; may add other unused funding for supply purchases as needed as we get closer to the contract end date.

Jefferson Public Health: add \$25,201 to fund their program at 100%

Recommendation:

Staff recommends the Advisory Council recommend the Rural Health Equity contract amendments as stated above.

PROPOSED MOTION:

The Olympic Area Agency on Aging Advisory Council is in agreement with the allocations listed above and recommends O3A staff process the Rural Health Equity contract amendments as described.



Olympic Area Agency on Aging

2200 W. Sims Way, Suite 100
 Port Townsend, WA 98368
www.o3a.org

Phone: 360-379-5064 or 1-866-720-4863 Fax: 360-379-5074

DATE: April 11, 2024
TO: O3A Advisory Council
FROM: Janis Housden, Contracts and Program Manager
RE: 2024 Senior Farmers Market Nutrition Program Subcontracts

Background: O3A is contracted by the State to provide the Senior Farmers Market Nutrition Program (SFMNP) in our service region. This is a seasonal program contracted annually with a performance period of June 1st to October 31st. The SFMNP supports local farmers and provides low-income seniors with benefits which allow them to purchase fresh fruits and vegetables at participating Farmers Markets with an EBT benefit card, or alternatively provides them with fresh, locally grown produce distributed through congregate meal sites, Meals on Wheels/Home Delivered Meals, food banks, and other local venues. Each participant may receive a total benefit of \$80 for the season.

Historically, O3A has subcontracted with our Older Americans Act nutrition providers to manage the SFMNP in their service areas. This will continue in 2024 for Grays Harbor and Pacific with Coastal Community Actions Program (CCAP). However, due to the cancelation of the Senior Nutrition Program provider contract last fall for Clallam and Jefferson counties it was necessary to issue a Request for Proposals (RFP) to select a SFMNP provider for the 2024 season in the north service area. On April 8, 2024 AC members Eileen Svoboda (Jefferson) and Joe Sharkey (Clallam) met with O3A staff Marki Lockhart, Janis Housden, and Carol Ann Laase by Zoom for a review of the three SFMNP proposals received. After careful review of scoring and discussion, the review committee recommends the selection of the following proposals: Coastal Community Action Programs for Clallam, and the Jefferson County Farmers Market (JCFM) for Jefferson. This means we will have two SFMNP providers in 2024, with CCAP serving three counties and JCFM serving one.

O3A will distribute SFMNP funding based on 2023 performance date and estimates for 2024 services. Both CCAP and JCFM will offer the SFMNP Benefit (EBT) Card as well as the bulk produce option. Funding for 2024 is proposed to be distributed as follows:

<u>Agency</u>	<u>EBT Benefit Cards/Bulk Food</u>	<u>Nutrition Education</u>	<u>Service Delivery</u>	<u>Total</u>
JCFM	\$81,840	\$525	\$5,245	\$87,610
CCAP	\$74,000	\$475	\$4,743	<u>\$79,218</u>
Total:				\$166,828

Recommendation: I respectfully request that the O3A Advisory Council accept the provider selection and funding allocations for the 2024 SFMNP season as described in this memorandum.

Proposed Motion: The O3A Advisory Council recommends that the O3A Council of Governments approve the 2024 Senior Farmers Market Nutrition Program subcontracts with the Jefferson County Farmers Market in the amount of \$87,610 and with Coastal Community Action Programs in the amount of \$79,218, for a performance period of June 1, 2024 to October 31, 2024.