O3A ADVISORY COUNCIL AGENDA

Meeting Date: Tuesday, March 19, 2024

Time: 10:00 a.m. – 1:00 p.m.

Location: Via Conference Call – Zoom

Option to participate in person Aberdeen O3A office –2700 Simpson Ave. Suite 205

Call Info: ZOOM meeting – See email for instructions

ZOOM LINK FOR THIS MEETING ON PAGE 2!



Report

Susan Conniry, Chair

- Call to Order
- Roll Call (Verbal verification from membership roster)
 Roll Call
- New Business/Changes to Agenda
- Public Comment
- Review/Approve February 20, 2024 draft minutes (pgs. 3-4) *Motion to Approve*
- Select COG Meeting Attendee April 4, 2024 **Select**
- Membership update Michelle
- Appoint committee chairs (pg. 5) Appoint
- Dementia training opportunity (pg. 6)

Executive Director's Report – Laura Cepoi

- O3A News
- Legislative/W4A Updates Advocacy issues
- Senior Farmers Market RFP
 - > 2-3 AC members from Jefferson & Clallam needed to review Select

Review date by Zoom on either April 8 or April 9

Local & Committee Reports/Announcements Report

State Council on Aging –Susan Conniry Report

Susan Conniry, Chair

- Public Comment
- Adjourn Meeting
 Adjourn

Next Advisory Council meeting: Next meeting April 16, 2024 by Conference Call/Zoom with

in-person option available at Sequim O3A office.

Next COG meetings: April 4, 2024 at 10:00 a.m. by video conference/call.

2024 O3A Advisory Council Zoom Meeting Information:

Also posted on agency website:

www.o3a.org/Events

Join Zoom Meeting

https://us02web.zoom.us/j/88223835075

Meeting ID: 882 2383 5075

One tap mobile

+12532158782,,88223835075# US (Tacoma)

+12532050468,,88223835075# US

Find your local number:

https://us02web.zoom.us/u/kcfHCnoeaJ



The Advisory Council of the Olympic Area Agency on Aging Meeting Minutes for February 20, 2024 Location: Zoom Conference Call & Sequim O3A Office

MEMBERS PRESENT: Susan Conniry, Chair; Beth Tripp, Beth Pratt, Eileen Svoboda, Ginny Adams, Jane Lauzon, Joe Sharkey, Marsha Melnick, Nancy Gorshe, Pam Tuttle, Ronnie Meldrum

MEMBERS ABSENT: Jeanine Grey

O3A STAFF PRESENT: Ingrid Henden, O3A Contracts Manager, Michelle Fogus, Planner/Program Development Manager.

CALL TO ORDER: 10:05 a.m. by Susan Conniry, Chair.

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NEW BUSINESS/CHANGES to AGENDA: No changes.

PUBLIC COMMENT: No public present.

REVIEW/APPROVE MEETING MINUTES: A motion to approve the minutes (with corrections) for January 16, 2024 was made by Nancy with a second by Ronnie. **Motion Passed**.

COG MEETING ATTENDEE: Eileen volunteered to attend the March 1, 2024 COG meeting by Zoom.

MEMBERSHIP UPDATE:

Susan, Ginny, and Michelle interviewed an applicant for the open Jefferson County representative position and provided a recommendation that she be appointed to the council. Motion to appoint Jeanette Siburg as a Jefferson County Representative put forth by Ronnie and seconded by Beth T. **Motion passed.**

COMMITTEE SIGN-UPS: Michelle reviewed the committees and requested members send her their selections for 2024 committees. Each council member is required to sign up for at least one committee; members may serve on multiple committees if they choose. Michelle will follow-up with any members who have not yet selected a committee.

EXECUTIVE DIRECTORS REPORT:

Laura was unable to attend the meeting.

CONTRACTS MANAGEMENT AND PLANNING:

Michelle reported that the MAV is adding two sites in Jefferson County, and three in the south counties. In March there will be 23 sites serving over 1,000 people per month.

Ingrid reported that the Welcome Home Food program has started delivering food boxes, and participants are happy and thankful for the program.

LOCAL MEMBER REPORTING:

- Ginny reported that Coastal CAP has taken over the congregate nutrition site in Port Townsend and are starting with meals on Wednesday and Thursdays. Participants are happy to have meals provided again.
- Beth T. discussed a non-profit program called Happy Tuesday run by a local chef that provides meals to people who are homeless or close to it. The program is feeding 80-100 people hot meals now and wants to get up to 200. Michelle will follow-up with Beth regarding possible funding opportunities.
- Beth T. also reported that their senior center receives many donations of medical supplies and asked if there is somewhere they can donate it? Insulin needles in original packaging, ostomy supplies, c-pap supplies, etc. Michelle will follow-up with Beth regarding a needle exchange program in Aberdeen and a Medical Supply closet in Ocean Shores. Ginny will contact ECHHO, a non-profit medical supply closet in Port Townsend, to see if they can use any of the supplies.
- Susan reported that the Project Connect in January included the Assessor's office, which was very popular with attendees. Susan also stated that the Affordable Connectivity program is no longer adding people.
- Pam discussed the Call-In program in Ocean Shores provided through the North Beach Senior Resource Center. Currently the program is available Monday – Friday for people who are socially isolated or homebound. Participants call in to chat or leave a message each day; if a participant hasn't called in by noon, volunteers will try to contact them. If they cannot contact the participant, they will call for a wellness check. The program is very much appreciated by the participants, some of whom this may be their only contact.

STATE COUNCIL ON AGING:

SCOA Legislative Priorities and the draft minutes were sent to the council; Susan provided a brief report on the January meeting and was able to meet with Representatives at a conference in Ocean Shores.

MEETING ADJOURNED:

10:58 a.m. by Susan Conniry, Chair

2024 Advisory Council Committee Memberships

Advocacy/Outreach:	Committee Chair:
 Ronnie Meldrum 	Clallam
 Ginny Adams 	Jefferson
 Eileen Svoboda 	Jefferson
 Marsha Melnick 	Clallam
 Susan Conniry 	Grays Harbor
 Nancy Gorshe 	Pacific
 Pam Tuttle 	Grays Harbor
Planning:	Committee Chair:
Ginny Adams	Jefferson
Beth Tripp	Pacific
Joe Sharkey	Clallam
Susan Conniry	Grays Harbor
 Jane Lauzon* 	Grays Harbor
Allocations:	Committee Chair:
 Marsha Melnick 	Clallam
 Nancy Gorshe 	Pacific (willing to chair)
Susan Conniry	Grays Harbor
Eileen Svoboda	Jefferson
Beth Pratt	Clallam

^{*}assigned, based on 2023 committee

Olympic Area Agency on Aging



Grays Harbor and Pacific Counties

When:

Thurs. March 28th & Fri. March 29th

Where:

Hoquiam Timberland Library Hoquiam, WA 98550 420 7th Street

Who:

All South Counties O3A staff are required to attend Volunteers are encouraged to attend

Training Schedule:

March 28th Start Time 10:00 am

Lunch Provided Onsite

12:00-12:30 pm

End Time 2:00 pm

March 29th Start Time

9:00 am

Lunch Provided Onsite

11:30-12:00 pm

End Time

1:00 pm

Olympic Area Agency on Aging



Clallam and Jefferson Counties

When:

Tues. April 16th & Wed. April 17th

Where:

Guy Cole Event Center (Carrie Blake Park) Sequim, WA 98382 202 N. Blake Ave

Who:

All North Counties O3A staff are required to attend. Volunteers are encouraged to attend

Training Schedule:

April 16th Start Time 10:00 am

Lunch Provided Onsite

12:00-12:30 pm

End Time 2:00 pm

> April 17th Start Time 9:00 am

Lunch Provided Onsite

11:30-12:00 pm

1:00 pm

End Time

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