

O3A ADVISORY COUNCIL AGENDA



Meeting Date: Tuesday, November 15, 2022
Time: 10:00 a.m. – 12:30 p.m.
Location: Via Conference Call – Zoom
Call Info: ZOOM meeting – See email for instructions
THERE IS A NEW ZOOM LINK FOR THIS MEETING!
(Zoom meeting link information, page 2)

Elizabeth Pratt, 2022 Chair

- Call to Order
- Roll Call (Verbal verification from membership roster) **Roll Call**
- New Business/Changes to Agenda
- Public Comment
- Select December & January COG Meeting Attendee(s) **Select**
- Membership Review/Approval
 - Joe Sharkey, Clallam membership expires 12/31/2022 **Motion page 3**
- Review/Approve Minutes for October 18, 2022, Meeting **Motion pages 4-5**
- Election of 2023 Officers (Chair and Vice-Chair) **Election**
 - Nominating Committee presents slate
 - Chair asks for Nominations from floor; close nominations
 - Election – ***New officers take office end of meeting***

Carol Ann Laase, Administrative Director

- O3A News **Report**
- 2023 Meeting Schedule **Review page 6**
- 2023 Activities Look Ahead – Area Plan!

Contracts Management & Planning

- Fall Conference Update (Ingrid) **Report**
- MAV Project Update (Michelle)

Local & Committee Reports/Announcements

Report

State Council on Aging – Charla Wright

Report

Elizabeth Pratt, 2022 Chair

- Public Comment
- Adjourn Meeting **Adjourn**

Next Advisory Council meeting: January 17, 2023, by Conference Call/Zoom option available
This is the last AC meeting of the year – no meeting scheduled for December

Next COG meetings: December 1, 2022 and January 5, 2023, at 10:00 a.m. by video conference/call.

O3A Advisory Council Zoom Link & Information

Hello Advisory Council Members:

As of June 2022 the Zoom meeting link has changed.

Please find the Zoom link for our next meeting below.

If you have any questions, please do not hesitate to let me know.
I can be reached at 360-302-1986 or
ingrid.henden@dshs.wa.gov.

Join Zoom Meeting

[https://us02web.zoom.us/j/83620846832?pwd=MDFhYjNBS0Iya
mNLeTBTkZk0Yno1QT09](https://us02web.zoom.us/j/83620846832?pwd=MDFhYjNBS0Iya
mNLeTBTkZk0Yno1QT09)

Meeting ID: 836 2084 6832

Passcode: 589320

One tap mobile

+12532158782,,83620846832# US (Tacoma)

Dial by your location

+1 253 215 8782 US (Tacoma)



Olympic Area Agency on Aging

2200 W. Sims Way, Unit #100
Port Townsend, WA 98368

www.o3a.org

Phone: 360-379-5064 or 1-866-720-4863 Fax: 360-379-5074

MEMORANDUM

DATE: November 9, 2022
TO: O3A Advisory Council
FROM: Elizabeth Pratt & Ingrid Henden
SUBJECT: Re-appointment of Advisory Council member

Background

Joe Sharkey completes his second term of service as a Clallam County Representative on the Advisory Council as of December 31, 2022. Joe is active in his local community and has been an involved member during his service with the Advisory Council.

Recommendation:

We recommend that the Advisory Council move forward with a recommendation for the re-appointment of Joe Sharkey to a third term of service.

Proposed Motion: The Olympic Area Agency on Aging Advisory Council recommends that the Clallam County Commissioners re-appoint Joe Sharkey to a new three year term as a Clallam County Representative on the Advisory Council.

The Advisory Council
of the
Olympic Area Agency on Aging
Meeting Minutes for October 18, 2022
Location: Zoom Conference Call

DRAFT

MEMBERS PRESENT: Beth Pratt, Chair; Susan Conniry, Vice-Chair; Dale Jacobson, Ginny Adams; Joe Sharkey; Laura Morris; Marsha Melnick, Pam Tuttle; and Sandy Goodwick.

MEMBERS ABSENT: Charla Wright; Jane Lauzon; Nancy Gorshe; Margaret Taylor.

O3A STAFF PRESENT: Laura Cepoi, Executive Director; Ingrid Henden, Contracts Manager; Janis Housden, Contracts Manager, Michelle Fogus, Contract Specialist.

GUESTS: No guests present.

CALL TO ORDER: 10:07 a.m. by Beth Pratt, Chair.

NEW BUSINESS/CHANGES to AGENDA: No changes.

PUBLIC COMMENT: No public present.

MEMBERSHIP REVIEW/APPROVAL: The council reviewed the recommendations to reappoint Marsha Melnick as Clallam County representative and Ginny Adams as Jefferson County representative. Motion to recommend Marsha for reappointment was made by Sandy with a second by Pam. **Motion Passed.** Motion to Ginny for reappointment was made by Dale with a second by Pam. **Motion Passed.**

REVIEW/APPROVE MEETING MINUTES: A motion to approve the minutes from the September meeting as written was made by Susan with a second by Pam. **Motion Passed.**

NOMINATING COMMITTEE: Beth appointed the following members to the nominating committee: Beth T. (Pacific), Susan (Grays Harbor), Ginny (Jefferson), and Sandy (Clallam). The nominating committee will meet before the next meeting and present a slate at the November meeting.

EXECUTIVE DIRECTOR REPORT:

Laura reviewed the 2022 Second Quarter Service Summary with the council. SHIBA is at 102% of their goal for the year; Senior I&A staff are at 86% of their goal in contacts for information. I&A staff have been going out to senior centers to outreach in communities. Other programs are on track for 50% of services halfway through the year. Janis noted that home delivered meals and pickup meals are reported separately and they should be together.

Laura discussed the Interstate Funding Formula with the council. This formula is used to determine allocations of state and federal funding among the AAAs and is due to the Administration for Community Living in March 2023 for 2024. O3A will lose 9.5% of funding, about \$250,000-\$300,000. Laura is on a workgroup to review the current funding formula and recommend revisions. Currently Washington utilizes the following factors in determining the formula: 60+, 60+ below poverty level, mileage for the region, and 60+ limited English proficiency. Other states look at rural populations, living alone, 75+, 85+ (many seniors in their 60s are still working). Our region is older, poorer, and have more health issues.

Laura reported that our fiscal department completed the SAO audit with no findings! The accountability audit is still in progress. O3A was monitored by ALISA at the end of September for both fiscal and programs and did great. Case Management programs recently completed the annual QA audit with a couple of findings.

O3A's SHIBA program also had its program review. Our website was identified as one of the best in the state. As our program is doing so well, the Office of the Insurance Commissioner invited us to ask for more funding.

Laura informed the council that the Client Services Director at O3A was terminated due to a loss of public funds; this was reported to the SAO. The Pacific County supervisor is retiring after 25 years with the agency. The Clallam County supervisor resigned; a case manager in the Sequim office has been promoted to fill that position. We are seeing an improvement in attitude and commitment from staff who report they are feeling more supported and there has been no turnover these past 6 months.

Laura announced that her Health and Aging Fellowship in Washington D.C. begins next week. A scholarship from the John A. Hartford foundation provides \$15,000 to O3A for her time and is covering expenses. She will be available on a daily basis for staff.

The W4A/SCOA and Senior Lobby Conferences are this week on Wednesday and Thursday. Two of O3A's case managers, Becca (CM Supervisor, North counties) and Leigha (CM, Grays Harbor) will be speaking about the benefits of the 1:75 caseload ratio.

CONTRACTS MANAGEMENT & PLANNING:

Janis reviewed the Older Americans Act contract allocations for 2023 including Nutrition, Transportation, Senior Legal Advice Clinics, and Evidence Based Programs. She expects to release the next RFP for Evidence Based Programs in December. Janis reviewed the changes to the Nutrition allocations. Previously the split between programs was very close to 50%; in 2023 the split will be 70%-30%. Due to the pandemic congregate sites closed and home delivered meals picked up; while congregate sites reopened in 2022, they have low participation and meals picked up at congregate sites are counted as home delivered meals. Both contractors have already spent out all their funds for home delivered meals this year, even with an additional \$200,000 added. Both providers have eliminated pick-up meals at the congregate sites. Ginny asked if funding can be provided to senior centers to provide sites? Nutritional contracts are awarded through an RFP every four years. Senior centers would need to work with current contractors to become a congregate site.

Michelle announced that the Mobile Assistance Van will be at the Project Connect event on Thursday, October 20 – this will be the first event with the actual van! The health department Care-A-Van will also be there to provide vaccinations and boosters. We are also looking at contracting with another provider to expand our options and site locations.

Michelle reported that the Smart Homes project is looking at an electronic device that can be installed in the home to provide health reminders, will sync to routines, and combat social isolation. More advanced than an Amazon Alexa or Siri, this device will develop a bond with someone and remember their routines. Sandy asked if there is any research that demonstrates if it makes a positive impact over time. Not yet, and it isn't meant to replace human interaction, but to supplement for those who spend long periods alone. Our program would be data driven, clients would receive a mini health assessment at the beginning to determine their baseline, and then checked throughout the program. Marsha commented that any decrease in social isolation is beneficial; the Neurology Association reported that social isolation did more damage to people's brains during the pandemic.

LOCAL MEMBER REPORTING:

Beth announced that the Sequim Chamber has installed a Sunshine Square - 3 concrete paths and tables that were installed today by the Sequim Lions Club.

MEETING ADJOURNED: 11:20 am by Beth Pratt, Chair.



Olympic Area Agency on Aging

2200 W. Sims Way, Unit #100

Port Townsend, WA 98368

www.o3a.org

Phone: 360-379-5064 or 1-866-720-4863 Fax: 360-379-5074

2023 ADVISORY COUNCIL MEETING SCHEDULE

Meetings are scheduled for the 3rd Tuesday of each month.

Meetings are currently set via ZOOM until further notice.

In-Person meeting are usually at the Shelton Civic Center.

JANUARY 17

FEBRUARY 21

MARCH 21

APRIL 18

MAY 16

JUNE 20

JULY 18

AUGUST 15

SEPTEMBER 19

OCTOBER 17

NOVEMBER 21

DECEMBER = NO MEETING