

## O3A ADVISORY COUNCIL AGENDA



- Meeting Date:** Tuesday, January 18, 2022  
**Time:** 10:00 a.m. – 12:30 p.m.  
**Location:** Via Conference Call – Zoom  
**Call Info:** ZOOM meeting – see email for instructions  
Copy also enclosed behind agenda (p.1)
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### Elizabeth Pratt, 2022 Chair

- Call to Order
- Welcome new members:
  - Marsha Melnick, Clallam
  - Pam Tuttle, Grays Harbor
- Roll Call (Verbal verification from membership roster)
- New Business/Changes to Agenda
  - 2022 Speakers/Presentations Requests/Suggestions
- Public Comment
- Select February COG Meeting Attendee(s)
- Review/Approve Minutes for November 16, 2021 (p.2-3)
- Committee Sign-ups (p.4-5)

***Roll Call***

***Select  
Motion***

### Samantha Hyder, Social and Health Program Consultant

- Adult Protective Services

***Presentation***

### Laura Cepoi, Executive Director

- Legislative Report
- O3A News
- 3rd Quarter 2021 Service Report (p.6-7)

***Report***

### Contracts & Planning

- Review 2022 AC Activity Timeline (p.8)
- TIIID Health Programs RFP Update – Janis Housden
- Nutrition and Transportation Contract Renewals – Janis Housden

***Report***

### Local & Committee Reports/Announcements

***Report***

### State Council on Aging – Joe Sharkey

### Elizabeth Pratt, 2022 Chair

- Public Comment
- Adjourn Meeting

***Adjourn***

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**Next Advisory Council meeting:** February 15, 2022 via ZOOM.  
**Next COG meeting:** February 3, 2022 at 10:00 a.m. by video conference/call.

**James, Hayley V. (DSHS/AAA/OLYMPIC)**

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**From:** Henden, Ingrid R. (DSHS/AAA/OLYMPIC)  
**Sent:** Wednesday, January 12, 2022 9:55 AM  
**To:** Becca Knievel (knievelr@gmail.com); Beth Pratt; Charla Wright (Charla.Wright@lhcgroupp.com); Connie King (redheadedgreek@gmail.com); Dale Jacobson (aeidj@yahoo.com); Denny Evans (denJoyevans@ymail.com); dennyevans@grandpad.me; Ginny Adams (gadams@olypen.com); Jane Lauzon (lauzon64@comcast.net); Joe R. Sharkey (jrsharkey@tamu.edu); Karen Sturnick (karensturnick@msn.com); Laura Morris; Margaret Taylor (margarettaylor65@msn.com); Marsha Melnick; Marti Anthony (MARTHA679@msn.com); Pam Tuttle; Sandy Goodwick Cepoi, Laura J. (DSHS/AAA/OLYMPIC); Housden, Janis M. (DSHS/AAA/OLYMPIC); Fogus, Michelle M. (DSHS/AAA/OLYMPIC); Laase, CarolAnn (DSHS/AAA/OLYMPIC); James, Hayley V. (DSHS/AAA/OLYMPIC)  
**Cc:**  
**Subject:** \*\*NEW LINK\*\* Advisory Council Meeting Zoom Link 2022

Good Morning!

A new year, a new Zoom link for the Advisory Council meeting! Please find the **new** link for our meeting next week below.

**The previous link will not work. You must use this one to attend the meeting.** If you have a recurring meeting set up in your calendar, you will need to update it with the meeting information below.

If you have any questions, please do not hesitate to let me know.

Topic: O3A Advisory Council Meeting

Time: January 18, 2022 10:00 AM Pacific Time (US and Canada) RECURRING

Join Zoom Meeting

<https://us02web.zoom.us/j/84030925167?pwd=RkJDRkFkwTHhvbkFTc0x1c1JpVjFOU09>

Meeting ID: 840 3092 5167

Passcode: 021184

Dial by your location

+1 253 215 8782 US (Tacoma)

Thank you,

*Ingrid Henden*

(she/her/hers)

Contract Specialist

Olympic Area Agency on Aging

The Advisory Council  
of the  
Olympic Area Agency on Aging  
Meeting Minutes for November 16, 2021  
Location: Zoom Conference Call

**DRAFT**

**MEMBERS PRESENT:** Beth Pratt, Chair; Becca Knieval, Vice Chair; Charla Wright; Connie King; Denny Evans; Ginny Adams; Jane Lauzon; Joe Sharkey; Laura Morris; Marti Anthony; Sandy Goodwick; Susan Conniry

**MEMBERS ABSENT:** Dale Jacobson; Karen Sturnick; Margaret Taylor

**O3A STAFF PRESENT:** Laura Cepoi, Executive Director; Ingrid Henden, Contract Specialist; Janis Housden, Contract Specialist; Michelle Fogus, Contract Specialist.

**GUESTS:** Eva Bennett, SHIBA Volunteer Coordinator for Clallam and Jefferson counties, O3A.

**CALL TO ORDER:** 10:07 a.m. by Beth Pratt, Chair.

**NEW BUSINESS/CHANGES to AGENDA:** None.

**PUBLIC COMMENT:** No comment.

**SELECT COG MEETING REPRESENTATIVE:** Beth volunteered for December 2 and Becca volunteered for the January 6 COG meetings which will be held by video conference.

**MEMBERSHIP REVIEW:** The council reviewed the applications and recommendations for a Grays Harbor county representative and a Clallam County representative, as well as a re-appointment request for Beth Pratt. Motion to recommend the Grays Harbor county representative candidate Pam Tuttle was made by Susan with a second by Jane. **Motion Passed.** Motion to recommend the Clallam county representative candidate Marsha Melnick was made by Sandy with a second by Becca. **Motion Passed.** Motion to recommend Beth Pratt for re-appointment was made by Charla with a second by Ginny. **Motion Passed.**

Tom Edwards submitted his resignation from the council. O3A will advertise for the vacancy in Grays Harbor.

**REVIEW/APPROVE MEETING MINUTES:** A motion to approve the minutes from October as written was made by Susan, with a second by Ginny. **Motion Passed.**

**ELECTION OF 2022 OFFICERS:** Charla presented the slate on behalf of the Nominating Committee of Beth Pratt for Chair, and Becca Knieval for Vice Chair. No other nominations were made. A motion to elect Beth Pratt as Chair and Becca Knieval as Vice Chair was made by Laura with a second by Charla. **Motion Passed.**

**SHIBA PRESENTATION:** Eva Bennet, SHIBA Coordinator at O3A for Clallam and Jefferson counties, presented on the Statewide Health Insurance Benefits Advisors, a program of trained volunteers through the Washington State Office of the Insurance Commissioner that provides free, unbiased information about Medicare and related health care coverage and access to Washington state residents.

**EXECUTIVE DIRECTOR REPORT:** *Laura Cepoi*

Laura announced that November is Family Caregiver month and shared stories, both from her experience as a caregiver and from a caregiver she met locally who moved up from California to care for her father. Laura discussed how caregiving tasks largely fall on women, who give up their jobs and interrupt their careers, to care for a loved one. This impacts their ability to earn higher salaries, and how much they earn in retirement and social security. It also impacts their health, which is why our Family Caregiver Support Program is able to provide access to self-care and wellness activities (counseling, fitness, etc.) as well as respite services.

Laura discussed the American Rescue Plan (ARP) funding that O3A has received, an additional \$1.7 million over a three year period. This will provide additional funding for nutrition, family caregiver supports, and outreach for COVID-19 vaccination and mitigation. O3A has developed a RFP for the tribes in our region to address social isolation among elders.

Laura stated that O3A had received a proposal from Silvernest, a home sharing website for older adults. This website allows older adults to rent out a room in their house, which provides additional income, socialization, and possibly assistance in keeping up the house and property.

Laura announced that O3A has resumed home visits, and was the first AAA in the state to do so.

**CONTRACT MANAGEMENT AND PLANNING DIRECTOR REPORT:** *Jody Moss*

Jody was unable to attend the meeting.

Laura stated that Jody had submitted O3A's Area Plan to the Aging & Long Term Support Administration (AL TSA); AL TSA will review the plan and follow-up with us on any questions or clarifications.

Janis reported that the Senior Legal Advice Clinic (SLAC) attorneys will receive a rate increase, the first increase since before 2014. Their previous rate was \$100 per hour, with \$25 of that provided as match from the attorney, so they are paid \$75 per hour. The new rate will be \$125 per hour, which with the 25% match will be \$93.75 per hour.

**LOCAL MEMBER REPORTING:**

- Susan stated that she was not re-elected to the city council for Ocean Shores, so as of January 1, 2022 will no longer qualify to fill the Local Elected Official position on the Advisory Council. She plans to remain active in her community, and her first project is to help those who are behind in their utility payments and possibly at risk for getting their service shut-off.
- Beth announced that after 14 years she is no longer working in senior housing and is excited to start her new position as the Executive Director of the Sequim Chamber of Commerce.

**STATE COUNCIL ON AGING (SCOA) REPORT:** *Joe Sharkey*

SCOA minutes will be sent out as they are available.

**PUBLIC COMMENT:** No comment.

**MEETING ADJOURNED:** The meeting was adjourned by consensus at 11:35 am.

## 2021 Advisory Council Committee Memberships

### Advocacy/Outreach:

- Carolyn Lindley
- Charla Wright
- Elizabeth Pratt
- Ginny Adams
- Marti Anthony
- Jane Lauzon
- Eldred Gilpin
- Sandra Goodwick
- Susan Conniry

Committee Co-Chairs: Susan Conniry & Marti Anthony  
Clallam  
Clallam  
Clallam  
Jefferson  
Jefferson  
Grays Harbor  
Pacific  
Disabilities Rep.  
Elected Official Rep.

### Planning:

- Carolyn Lindley
- Elizabeth Pratt
- Joe Sharkey
- Becca Knieval
- Jane Lauzon
- Tobi Buckman
- Eldred Gilpin

Committee Co-Chairs: Joe Sharkey & Elizabeth Pratt  
Clallam  
Clallam  
Clallam  
Jefferson  
Grays Harbor  
Grays Harbor  
Pacific

### Allocations:

- Becca Knieval
- Carolyn Lindley
- Charla Wright
- Joe Sharkey
- Ginny Adams
- Margaret Taylor
- Jane Lauzon
- Dale Jacobson
- Eldred Gilpin
- Denny Evans
- Connie King
- Susan Conniry
- Karen Sturnick

Committee Co-Chairs: Ginny Adams & Becca Knieval  
Jefferson  
Clallam  
Clallam  
Clallam  
Jefferson  
Jefferson  
Grays Harbor  
Pacific  
Pacific  
Pacific  
Pacific  
Elected Official Rep.  
Minority Rep.

## 2022 Advisory Council Committees

Following is a brief review of the three standing advisory council formal committees. Each AC member is asked to serve on at least one committee, but of course you can serve on as many committees as desired. A sign-up sheet for 2022 committees will be circulated/discussed at the January 18, 2022 meeting. For reference, a list of last year's committee membership is included with this memo. For your consideration as you contemplate which committee to sign up for, here is a description of committee activities this year:

**Advocacy/Outreach:** The Advocacy/Outreach Committee focuses on:

- Legislative Advocacy primarily at the state and local level. Activities include email and telephone response to advocacy requests through O3A, and attendance if possible at state-wide regional advocacy events such as Senior Lobby Day in February.
- Local Advocacy including email and telephone response to local advocacy requests through O3A, and scheduling one-on-one conversations with local elected officials and stakeholders to discuss issues important to seniors. Occasionally assist O3A with outreach efforts at local events such as information fairs.

**Planning:** The Planning Committee:

- Assists O3A staff in planning, preparation, and review of the four year Area Plan and the Area Plan/Update. The next full area plan development will be done in 2023, so some initial conversations will start this fall.
- May assist in other planning activities throughout the year.

**Allocations:** The Allocations Committee:

- Assists O3A staff in the review of contracting proposals.
- Review with O3A staff annual service contracting recommendations to the Council of Governments for programs such as senior nutrition, volunteer transportation and legal services. This activity for 2023 contracts will take place in the fall.

2021 Summary of Tracked Services (Calendar Year) Third Quarter End

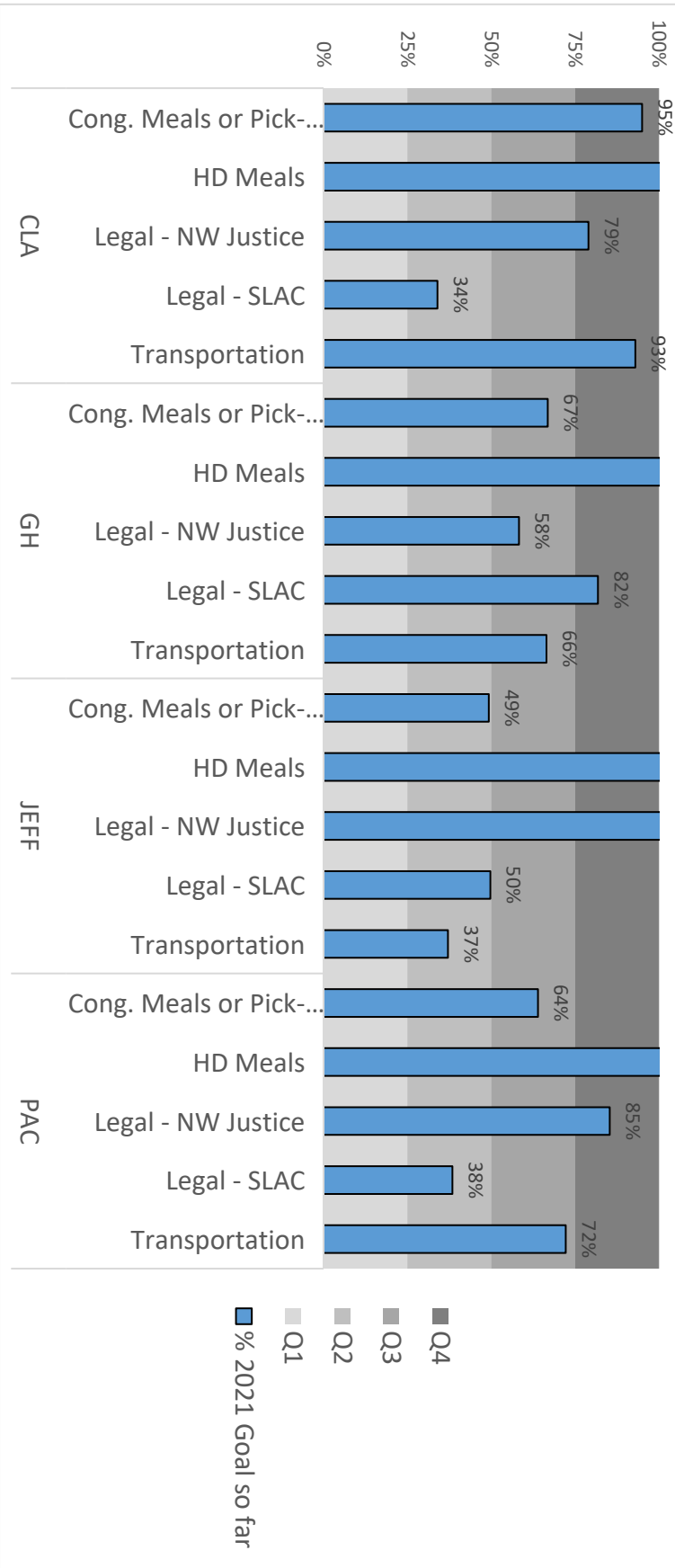


Services 2021 cal. year	Contract Units (12 mon)	Actual Units (YTD)	Undup. Clients (by Quarter End)	YTD % of 2021 Goal
Congregate or Pickup/Takeout (1)	48,251	33,377	590	69%
Home Delivered (1)	48,226	73,610	588	153%
Legal (2)	1,533	1,089	232	71%
Transportation - OAA (3)	164,768	89,029	221	54%
Case Mgmt/Nursing Serv (4)	20,968	17,516	N/A	84%
I&A (5)	1,115,580	547,279	N/A	49%
LTCOmbudsman (7)	4,800	2,885	N/A	60%
Home Repair & Sr. Emergency (8)	87	51	46	59%
Respite (9)	16,477	12,087	75	73%
KCSP/FCSP (10)	933	1,005	N/A	108%

Key Codes

- (1) meals served - includes COVID meals
- (2) hours service
- (3) one-way trips
- (4) authorized cases
- (5) direct public contacts
- (7) consultations
- (8) assists
- (9) hours in-home care
- (10) assists & assessments

2021 Summary of Tracked Services by County (Third Quarter)



Notes: Other services (Repite, Information & Assistance, Case Management/Nursing Services, etc.) do not have goals by county and are not included in this summary.



## The Advisory Council of the Olympic Area Agency on Aging

### 2022 Activity Plan and Timeline

Purpose: Advise & make recommendations to O3A staff & Council of Governments (COG) in the following areas:

1. Identify & prioritize needs of older people and people with disabilities within the service region;
2. Review comprehensive area-wide plan and recommend priorities and changes;
3. Advise how funds should be allocated according to priorities and counties;
4. Develop viable goals and objectives for the Agency;
5. Review program applications and recommend which programs and services should be contracted;
6. Provide other technical assistance as needed.

Major Activity	Key Tasks	Lead	January – December 2022 *												
			J	F	M	A	My	J	Jy	A	S	O	N	D	
1. Discuss 2022 vacancies & committees	Discuss vacancies; proceed with recruitment. Establish Committees in February	AC Chair	X	X	X	X	X	X	X	X	X	X	X	X	
2. Advocate with state legislators to preserve aging services budget & other important issues	Prepare for and participate in formal visits or calls to legislators; prepare for advocacy events. Contact legislators individually (on-going)	Advocacy Committee & Members	X	X	X								X	X	
3. Tribal Grants Request for Proposal (RFP) process for services funded by the American Rescue Plan to address social isolation	RFP issued November 2021 First Proposal review February 2022 Allocations Committee recommends by February 15 AC meeting AC forwards recommendation to March 3 COG for approval Any appeals heard at the April COG meeting Additional proposals reviewed as they are received	AC Chair & Allocation Committee; O3A staff	X	X	X	X	X	X	X	X	X	X	X	X	
4. AC Strengthening Activities	Discuss AC objectives for 2022	AC Chair	X	X										X	
5. 2023 OAA Allocation review	Review allocations for Congregate Nutrition, Home Delivered Meals, Transportation, and Senior Legal Services for 2023	AC Chair, O3A Staff												X	
6. 2024-2027 Area Plan Prep	Discuss activities required for 4-year Area Plan due fall of 2023.	AC Chair, O3A Staff												X	
7. Elect officers for 2023	Nominating Committee set by Chair in Oct., Nov. Elections	AC Chair, Nominating Committee												X	X

\*No meetings currently scheduled for July, August, and December of 2022. Allocations & Planning Committees may have additional meetings based on activity.