

## O3A ADVISORY COUNCIL AGENDA



**Meeting Date:** Tuesday, September 21, 2021  
**Time:** 10:00 a.m. – 12:30 p.m.  
**Location:** Via Conference Call – Zoom  
**Call Info:** ZOOM meeting – see email for instructions  
Copy also enclosed behind agenda (p.1)

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### Elizabeth Pratt, 2021 Chair

- Call to Order
- Welcome new members
  - Laura Morris, Grays Harbor
  - Tom Edwards, Grays Harbor
- Roll Call (Verbal verification from membership roster)
- New Business/Changes to Agenda
- Public Comment
- Select October COG Meeting Attendee(s)
- Review/Approve Minutes for July 20, 2021 (p.2-3)

***Roll Call***

***Select  
Motion***

### Laura Cepoi, Executive Director

- O3A News
- Social Vulnerability (p.4)

***Report***

### Jody Moss, Director, Contracts & Planning

- 2<sup>nd</sup> Quarter 2021 Service Report (p.5-6)
- October Conferences
- Area Plan Update (p.7-19)

***Report***

***Presentation/Approval***

### Local & Committee Reports/Announcements

***Report***

### State Council on Aging – Joe Sharkey

### Elizabeth Pratt, 2021 Chair

- Public Comment
- Adjourn Meeting

***Adjourn***

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**Next Advisory Council meeting:** October 19, 2021 via ZOOM.  
**Next COG meeting:** Thursday, October 7, 2021 10:00 a.m. by video conference/call.

**James, Hayley V. (DSHS/AAA/OLYMPIC)**

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**From:** Henden, Ingrid R. (DSHS/AAA/OLYMPIC)  
**Sent:** Tuesday, September 14, 2021 11:12 AM  
**To:** Beth Pratt (bpratt@discovery-mc.com); Becca Knievel (knievelr@gmail.com); Carolyn Lindley - AC (clindley@olypen.com); Charla Wright (Charla.Wright@lhcggroup.com); Connie King; Dale Jacobson (aeidj@yahoo.com); dennyevans@grandpad.me; Ginny Adams (gadams@olypen.com); Jane Lauzon (lauzon64@comcast.net); Joe R. Sharkey (jrsharkey@tamu.edu); Karen Sturnick (karensturnick@msn.com); Laura Morris; Margaret Taylor (margarettaylor65@msn.com); Marti Anthony; Sandy Goodwick; Susan Conniry; Tom Edwards  
**Cc:** Moss, Jody M. (DSHS/AAA/OLYMPIC); James, Hayley V. (DSHS/AAA/OLYMPIC)  
**Subject:** AC Meeting Zoom Info

Good Morning!

Below please find the Zoom link for the Advisory Council meeting next Tuesday.

For those of you would like to save this recurring meeting (third Tuesday) to your calendars, the Zoom link remains the same each month.

**Topic: O3A Advisory Council Meeting**  
**Time: September 21, 2021 10:00 AM Pacific Time (US and Canada)**  
**RECURRING**

Join Zoom Meeting

<https://us02web.zoom.us/j/86851360849?pwd=TmRxRitkdTgrNkt2Z0V3aFB3RXBtZz09>

Meeting ID: 868 5136 0849

Passcode: 063910

Dial by your location

+1 253 215 8782 US (Tacoma)

*Ingrid Henden*

(she/her/hers)

Contract Specialist

Olympic Area Agency on Aging

O: 360-379-5064

C: 360-302-1986 (best option!)

[ingrid.henden@dshs.wa.gov](mailto:ingrid.henden@dshs.wa.gov)

**The Advisory Council  
of the  
Olympic Area Agency on Aging  
Meeting Minutes for July 20, 2021  
Location: Conference Call**

**DRAFT**

**MEMBERS PRESENT:** Becca Knieval, Vice Chair; Charla Wright; Connie King; Ginny Adams; Jane Lauzon; Joe Sharkey; Karen Sturnick; Margaret Taylor; Marti Anthony; Sandy Goodwick; Susan Conniry

**MEMBERS ABSENT:** Beth Pratt, Chair; Carolyn Lindley; Dale Jacobson; Denny Evans

**O3A STAFF PRESENT:** Laura Cepoi, Executive Director; Jody Moss, Director, Contracts Management & Planning; Ingrid Henden, Program Manager.

**GUESTS:** Greg Claycamp, Housing & Community Services Director, Coastal CAP; Cinnamon Chesterman, Lead Care Coordinator, Coastal CAP

**CALL TO ORDER:** 10:02 a.m. by Becca Knieval, Vice Chair.

**NEW BUSINESS/CHANGES to AGENDA:** None.

**PUBLIC COMMENT:** None

**SELECT COG MEETING REPRESENTATIVE:** Becca volunteered for the July 1 COG meeting which will be held by video conference.

**MEMBERSHIP REVIEW/APPROVAL:** The council reviewed the applications and recommendations for two Grays Harbor county representatives. Motion to recommend the Grays Harbor county representative candidates Tom Edwards and Laura Morris was made by Charla with a second by Susan. **Motion Passed.**

**REVIEW/APPROVE MEETING MINUTES:** A motion to approve the minutes from June as written was made by Susan, with a second by Ginny. **Motion Passed.**

**Coastal CAP Housing Presentation:** *Greg Claycamp and Cinnamon Chesterman*  
Greg and Cinnamon provided information on the housing and homeless programs at Coastal CAP; there are no priority programs operating focused on older adults. Locating housing in Grays Harbor is difficult; many clients have very limited incomes and there are only 3-4 places for clients over 55 and they have a 1-3 year waitlist. The fair market rate for rent is \$653/month for a 1 bedroom; however actual rents are \$750 – 800/month. 75% of people in Grays Harbor with a need for housing don't get it; even if the client is subsidy qualified, there aren't units available. Those who are in travel trailers or 5<sup>th</sup> wheels can only receive rent assistance for full hook-up sites (includes power, water, & sewer). The men's and women's shelters are high barrier (requirements must be met to stay) and difficult for older adults with mobility issues to access. County commissioners rejected using funds for a low barrier (can still get into shelter if intoxicated or criminal background; must follow the rules) shelter that would serve 50 people. Not having an address is a barrier to employment; clients must use the address of a friend or family member. Greg will send information on housing groups in Grays Harbor. There is a great deal of assistance available for rent, utilities, energy programs, and mortgages. Some programs can be initiated by the landlord.

**EXECUTIVE DIRECTOR REPORT:** *Laura Cepoi*

Laura stated that the House had approved 2022 funding, including a 22.9 billion increase. The bill will need Republican support in the Senate and advocacy may be needed.

O3A is working with Ocean Shores Senior Center to establish a Memorandum of Understanding for the Olympic region that would serve the coast from Ocean Shores to Forks.

Laura announced that O3A had completed their salary review and about 60% of the staff would receive an increase. We are looking at staff returning to the office in September and are developing remote work policies as well.

O3A is still running ads encouraging vaccination in all four counties. Long Beach staff contacted all clients and coordinated with Pacific county public health for in-home vaccinations for those who could not travel to a clinic. Aberdeen staff are coordinating with Grays Harbor county health district for micro-clinics and outreach.

Please save the date of October 20<sup>th</sup> for the W4A/SCOA Advisory Council Conference; and the Senior Lobby Fall Policy Conference on the 21<sup>st</sup>. More information will be forthcoming.

**CONTRACT MANAGEMENT AND PLANNING DIRECTOR REPORT:** *Jody Moss*

Jody announced that the survey for the Area Plan was complete and staff are analyzing the data. We received over 40 provider responses, and 275 client responses.

Karen suggested revising the language around requesting contact. It may work better to state 'if you need these services or access to programs, please give us your contact information'.

The council discussed attending meetings in-person. In-person meetings would likely require attendees to wear a mask which increases communication barriers. Some council members prefer the remote option and closed captioning; if in-person meetings resume, it will be a hybrid version that allows members to attend virtually. Council requested staff review the annual schedule of meetings and determine if there are some that are better suited for in-person discussion.

**LOCAL MEMBER REPORTING:**

- Connie reported they had another successful 4<sup>th</sup> of July parade, and she is working to set up a meeting with the Tribe.
- Susan stated that Crown Health will be providing in-home care and expanding home health in Ocean Shores.

**STATE COUNCIL ON AGING (SCOA) REPORT:** *Joe Sharkey*

SCOA meets next week, minutes will be sent out as they are available.

**PUBLIC COMMENT:** No public present.

**MEETING ADJOURNED:** The meeting was adjourned by consensus at 11:46 a.m.

## O3A Social Vulnerability Data-

What is Social Vulnerability?

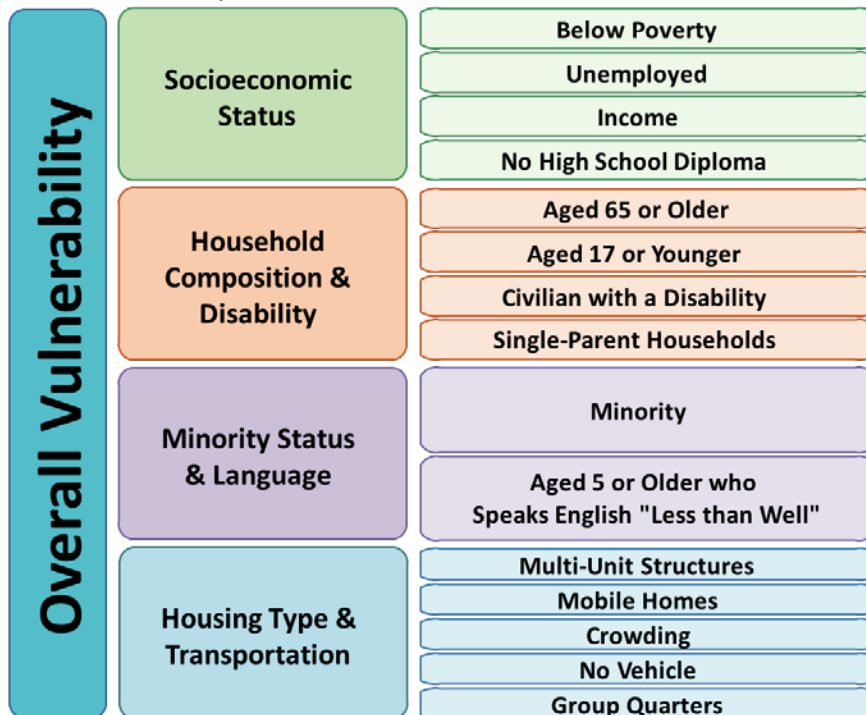
Every community must prepare for and respond to hazardous events, whether a natural disaster like a tsunami or disease outbreak. A number of factors, including poverty, lack of access to transportation, and crowded housing may weaken a community's ability to prevent human suffering and financial loss in a disaster. These factors are known as **social vulnerability**.

The chart below has some Social Vulnerability data that have a direct effect on the O3A service population.

	Grays Harbor	Pacific	Jefferson	Clallam
65+	20.3%	29.3%	34.2%	28%
American Indian	4.4%	1.4%	2.1%	4.7%
Ethnic/Racial	9.9% (Latinx) 1.6% (Asian), 1% (Black)	9.4% (Latinx) 1.8% (Asian), 0.3 % Black	3.6% (Latinx), 1.7% (Asian), 0.8% (Black)	6.2%, (Latinx), 1.5% (Asian), 1.1% (Black)
Below Poverty	15.9%	17.4%	13.3%	15.9%
Mobile Home	12%	18.4%	12.5%	12.6%
Disability	19.8%	26.6%	17.2%	19.9%
Without Internet	16.3%	19.3%	9.9%	14.3%

This index is a customized version of the Centers for Disease Control and Prevention/Agency for Toxic Substances and Disease Registry Social Vulnerability Index (CDC/ATSDR SVI). Minority Health SVI uses data from the United States Census Bureau and other public sources to help identify communities that may need support before, during, and after disasters, with a focus on minority racial, ethnic, and language groups as well as medical vulnerability.

Social Vulnerability Index – based on ACL 2014-2018 data

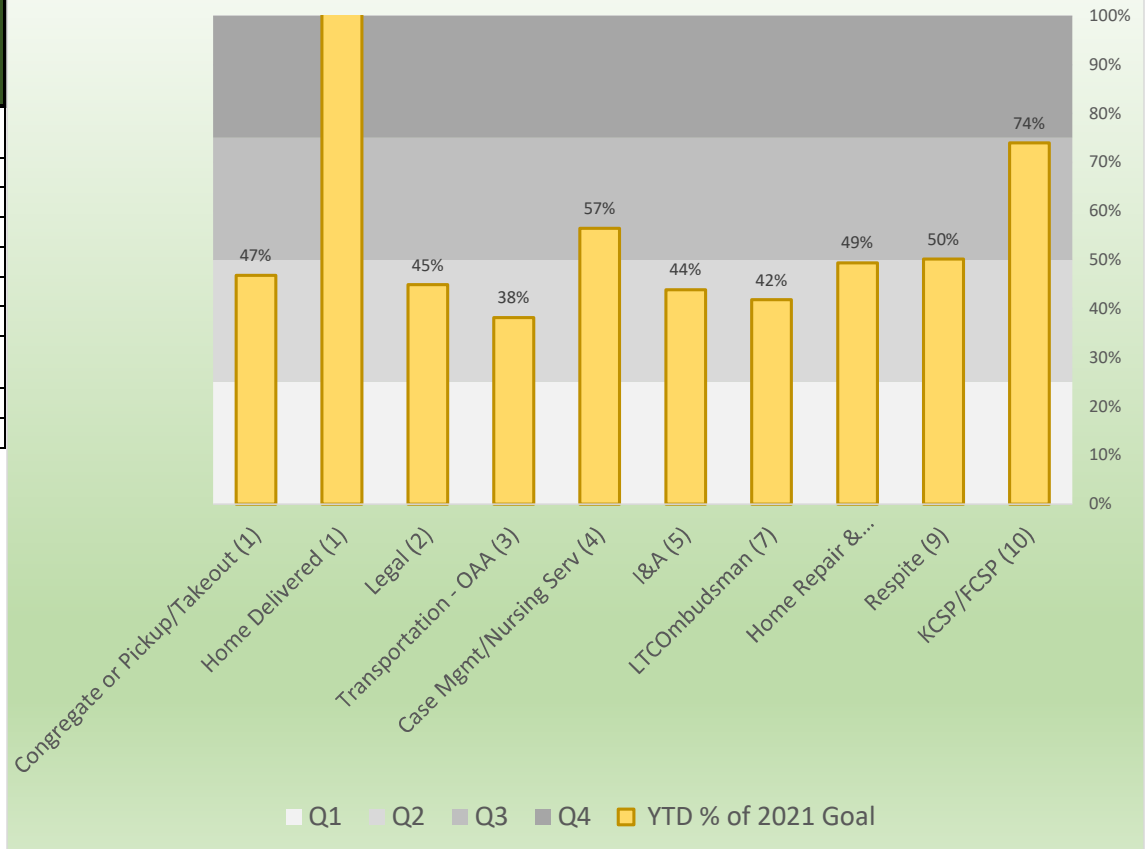


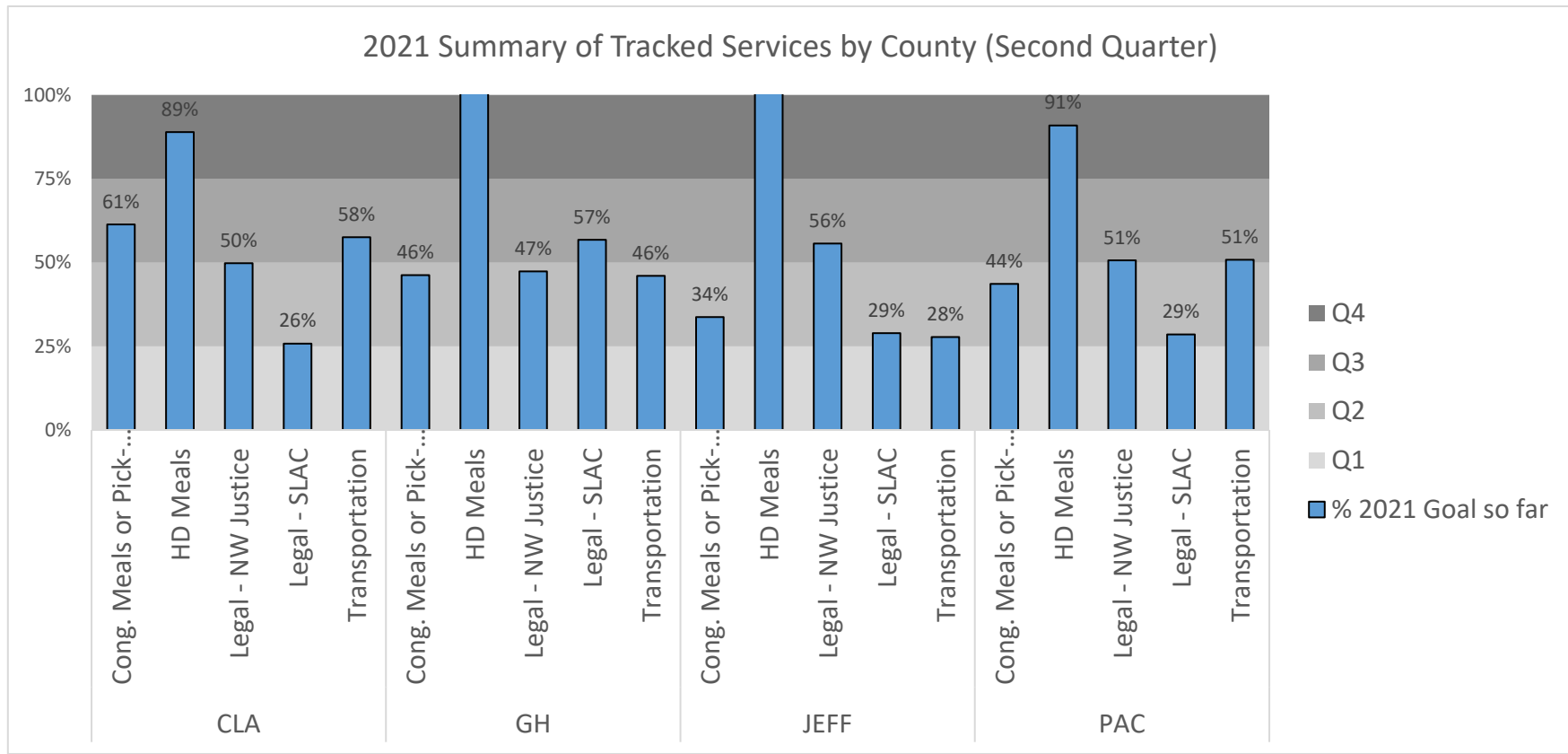
Services 2021 cal. year)	Contract Units (12 mon)	Actual Units (YTD)	Undup. Clients (by Quarter End)	YTD % of 2021 Goal
Congregate or Pickup/Takeout (1)	48,251	22,614	560	47%
Home Delivered (1)	48,226	48,894	456	101%
Legal (2)	1,533	689	151	45%
Transportation - OAA (3)	164,768	62,959	176	38%
Case Mgmt/Nursing Serv (4)	20,968	11,847	N/A	57%
I&A (5)	1,115,580	489,928	N/A	44%
LTCOmbudsman (7)	4,800	2,008	N/A	42%
Home Repair & Sr. Emergency (8)	87	43	17	49%
Respite (9)	16,477	8,268	75	50%
KCSP/FCSP (10)	933	690	N/A	74%

Key Codes

- (1) meals served - includes COVID meals
- (2) hours service
- (3) one-way trips
- (4) authorized cases
- (5) direct public contacts
- (7) consultations
- (8) assists
- (9) hours in-home care
- (10) assists & assessments

2021 Summary of Tracked Services (Calendar Year) Second Quarter End





Notes: Other services (Repite, Information & Assistance, Case Management/Nursing Services, etc.) do not have goals by county and are not included in this summary.



# Area Plan Update

2022-2023

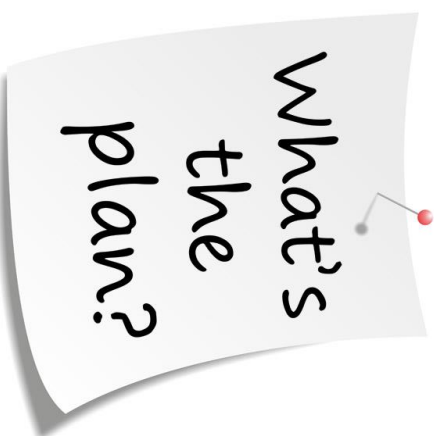
**KEEP CALM  
AND  
MAKE A  
PLAN**

[KeepCalmAndPosters.com](http://KeepCalmAndPosters.com)



# What is an Area Plan?

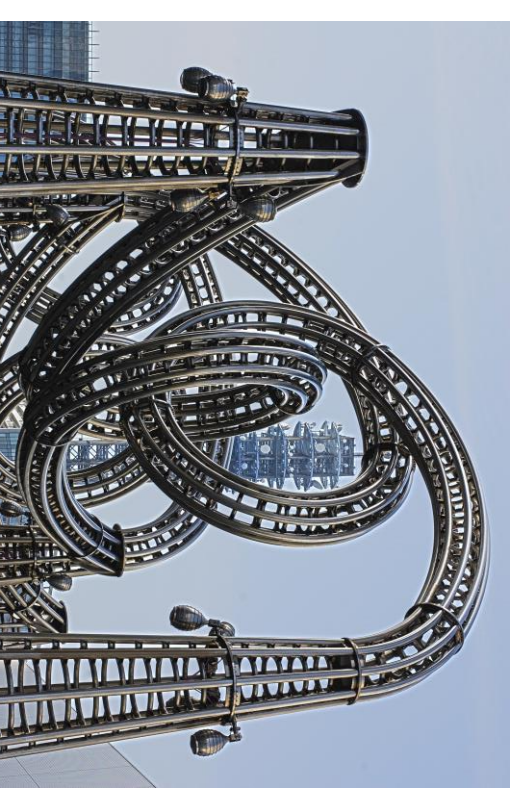
- ▶ In 1973 the Older American's Act was amended and as a result, all states established Area Agencies on Aging planning regions designated to develop and implement services for older persons at the local level.
- ▶ Funding for O3A's work is tied to developing and submitting an area plan to the state every 4 years for review and approval.
- ▶ The Area Plan addresses a wide variety of issues, including how the AAA will administer their programs.
- ▶ Priority services are determined by focus groups, public hearings, customer surveys, advisory councils, and other available information.



What's  
the  
plan?

# Structure for the Area Plan

- ▶ Section A is an introduction to the Agency, our Planning and Priorities
  - ▶ Our Mission, Vision, & Values
  - ▶ The Planning and Review Process
  - ▶ Background of Prioritization for Discretionary Funds
- ▶ Section B covers our Service Area Profile
  - ▶ Our 4 County Population Profile
  - ▶ Who / how we are Targeting for Delivery of Services
  - ▶ What Services we Provide
  - ▶ What Services Other Agencies Provide
- ▶ Section C – Issue Areas, Goals, Strategies and Key Tasks



# Healthy Aging Goals, and Objectives



- ▶ **Older adults and adults with disabilities are able to meet basic needs for food, transportation, and housing.**
  - ▶ Provide OAA Senior Nutrition and Senior Farmer's Market Nutrition Programs.
    - ▶ **New Key Task: Develop additional contracts as needed to serve remote areas, e.g. takeout restaurant contracts.**
  - ▶ Support Volunteer Transportation options for older adults to access health, shopping, and other essential services.
    - ▶ **Added a contract with Taxi services to and from vaccines in 3 of 4 counties – working on 4th county service.**
  - ▶ Advocate for housing options for homeless and at-risk seniors.
    - ▶ **New Key Task: Explore Shared Housing and other unique ways to address older adult housing issues.**
  - ▶ Maintain regional coverage in Long-Term Care Ombudsman Program.
- ▶ **Older adults and adults with disabilities are able to access necessary health care services including primary, specialty, behavioral, oral, hearing, vision health care, and reasonably priced prescriptions.**
  - ▶ Support increased access to medical specialty care services.
  - ▶ Support increased access to behavioral health service
    - ▶ **New Key Task: Implement Social Isolation programs with clients, tribes and other interested partners, including education about the impacts of social isolation, and providing resources.**

# Healthy Aging continued

- ▶ **Older adults and their families have the knowledge and support to make informed choices about chronic disease prevention and management**
  - ▶ Facilitate implementation of evidence-based wellness programs in communities throughout the PSA.
- ▶ **Older adults have adequate information so that they can adequately plan for end-of-life health and care needs that pair with their values**
  - ▶ Promote awareness of the benefits of palliative care, hospice, and advance care planning to providers and the general public.

# Access To Resources – Delaying Entry Into the Long-Term Care System

- ▶ **Family Caregiver Support (FCSP), Kinship Caregiver Support (KCSP) and Relatives as Parents (RAP) programs support more family & kinship caregivers to care for their family members.**
  - ▶ Conduct outreach and provide support and services to family caregivers.
  - ▶ Provide support and services to kinship caregivers.
  - ▶ Work towards expansion of out of home respite options for caregivers
  - ▶ Develop more local resources supporting families impacted by dementia.

# Access to Resources, continued

- ▶ **Continue to build supports through MAC and TSOA programs for family caregivers and individuals without a caregiver.**
  - ▶ Conduct robust outreach to community partners about these programs to encourage referrals.
  - ▶ Continue to develop network adequacy. (Expanding contracted resources.)
- ▶ **Older Adults and adults with disabilities and unpaid caregivers are assisted to make informed decisions about access services they need to remain independent and in their own homes.**
  - ▶ Inform older adults, families, other consumers about existing health and long-term care options and provide assistance to access.
  - ▶ Participate in local and regional community coordination activities leading to stronger service networks for vulnerable clients.
- ▶ Increase utilization of Community Living Connections program for support services, resources, and data.

# Aging in Place Goals and Objectives

- ▶ **To provide person centered coordination of health and community supports for increasing numbers of people who face significant health challenges in a manner that improves their health and reduces avoidable care costs.**
  - ▶ Maintain O3A staffing and service capacity to provide a personally designed (person-centered) care plan and care coordination services to clients throughout the region that achieves service levels and high quality of service delivery.
  - ▶ Expand the Health Homes Program.
- ▶ **At risk populations including Native American, Hispanic, other minorities, LGBTQ, low income, & more elders living in more remote conditions have equitable access to services. (Equity goals)**
  - ▶ Promote Access to services in remote areas

# Aging in Place, continued

- ▶ **Adequate workforce available to serve the aging population.**
  - ▶ Advocate for training programs in local educational institutions.
  - ▶ *New: Educate local community leaders about home care aid shortages and impacts and support ALISA efforts to develop local high school/community college HCA programs.*
- ▶ Continue to advocate for sufficient support for provision of services across the AAA network in the state and particularly in the remote, rural areas.



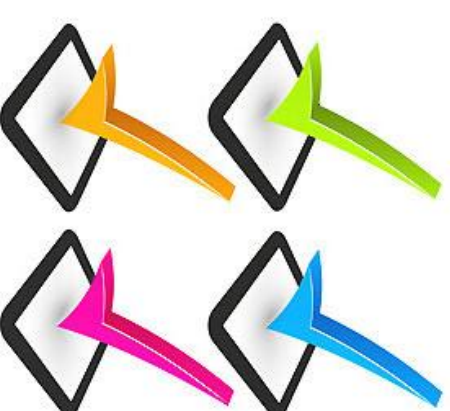
# Native American 7.01 Plans

- ▶ What is a 7.01 Plan?
  - ▶ 7.01 refers to the Administrative Law Policy number.
  - ▶ A 7.01 Plan is developed through a collaborative relationship with each of the 8 tribes in our region in planning and service delivery
  - ▶ Each plan is designed for the unique needs of tribal elders in that tribe
- ▶ 7.01 Plans contain
  - ▶ Goals/Objectives
  - ▶ Activities
  - ▶ Expected Outcomes
  - ▶ Lead Staff and Target Dates



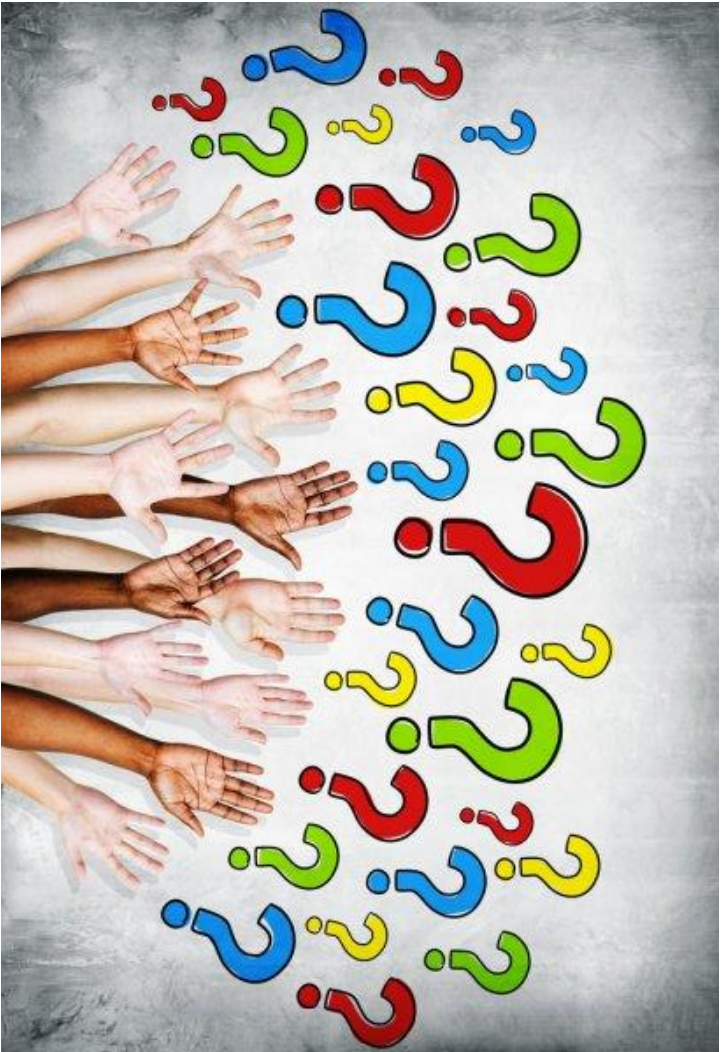
# What is new

- ▶ COVID-19 Impacts
  - ▶ Impacts listed throughout Area Plan and in a dedicated COVID section on O3A's work during the pandemic
  - ▶ Helping Clients Access Vaccines
- ▶ New set of Surveys
- ▶ Some Strategies and Key Tasks have been removed due to lack of capacity or changes due to pandemic
- ▶ A few Strategies and Key Tasks have been added
  - ▶ Addressing Social Isolation
  - ▶ Addressing Housing Issues
  - ▶ Added focus on remote areas and tribal communities
- ▶ Separate section reporting updates on all goals.





# Questions???



## 2021 Advisory Council Committee Memberships

### Advocacy/Outreach:

- Carolyn Lindley
- Charla Wright
- Elizabeth Pratt
- Ginny Adams
- Marti Anthony
- Jane Lauzon
- Laura Morris
- Sandra Goodwick
- Susan Conniry

Committee Co-Chairs: Susan Conniry & Marti Anthony  
Clallam  
Clallam  
Clallam  
Jefferson  
Jefferson  
Grays Harbor  
Grays Harbor  
Disabilities Rep.  
Elected Official Rep.

### Planning:

- Carolyn Lindley
- Elizabeth Pratt
- Joe Sharkey
- Becca Knievel
- Jane Lauzon
- Tom Edwards

Committee Co-Chairs: Joe Sharkey & Elizabeth Pratt  
Clallam  
Clallam  
Clallam  
Jefferson  
Grays Harbor  
Grays Harbor

### Allocations:

- Becca Knievel
- Carolyn Lindley
- Charla Wright
- Joe Sharkey
- Ginny Adams
- Margaret Taylor
- Jane Lauzon
- Dale Jacobson
- Denny Evans
- Connie King
- Susan Conniry
- Karen Sturnick

Committee Co-Chairs: Ginny Adams & Becca Knievel  
Jefferson  
Clallam  
Clallam  
Clallam  
Jefferson  
Jefferson  
Grays Harbor  
Pacific  
Pacific  
Pacific  
Elected Official Rep.  
Minority Rep.