### **O3A ADVISORY COUNCIL AGENDA**

**Meeting Date:** Tuesday, July 20, 2021 Time: 10:00 a.m. – 12:30 p.m.

Location: Via Conference Call - Zoom

Call Info: ZOOM meeting – see email for instructions

Copy also enclosed behind agenda (p.1)



### Becca Knievel, 2021 Vice-Chair

- Call to Order
- Roll Call Roll Call (Verbal verification from membership roster)
- New Business/Changes to Agenda
- **Public Comment**
- Select August COG Meeting Attendee(s) Select Membership Review / Approval (p.2-7) **Motion** 
  - Application of Laura Morris, Grays Harbor
  - Application of Tom Edwards, Grays Harbor
- Review/Approve Minutes for June 15, 2021 (p.8-9) Motion

### Greg Pearson and Cinnamon Chesterman, CCAP

Housing/Homelessness Programs in Grays Harbor and Pacific Counties

### Laura Cepoi, Executive Director

- O3A News
- COVID-19 Update
- Fall Conferences

### Jody Moss, Director, Contracts & Planning

Survey/Area Plan Update

Discuss going back to in-person AC meetings

### Local & Committee Reports/Announcements

State Council on Aging – Joe Sharkey

### Becca Knievel, 2021 Vice-Chair

- **Public Comment**
- Adjourn Meeting **Adjourn**

Presentation

Report

Report

Report

Next Advisory Council meeting: August 17, 2021 via ZOOM. Next COG meeting: Thursday, August 5, 2021 10:00 a.m. by video conference/call. From: Henden, Ingrid R. (DSHS/AAA/OLYMPIC)

Sent: Tuesday, July 13, 2021 10:31 AM

To: Becca Knievel (knievelr@gmail.com) <knievelr@gmail.com>; Beth Pratt (bpratt@discovery-mc.com)

<bpratt@discovery-mc.com>; Carolyn Lindley - AC (clindley@olypen.com) <clindley@olypen.com>; Charla Wright

(<u>Charla.Wright@lhcgroup.com</u>) < <u>Charla.Wright@lhcgroup.com</u>>; Connie King (<u>redheadedgreek@gmail.com</u>)

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(<a href="mailto:jrsharkey@tamu.edu">jrsharkey@tamu.edu</a>; Karen Sturnick (<a href="mailto:karensturnick@msn.com">karensturnick@msn.com</a>) <a href="mailto:karensturnick@msn.com">karensturnick@msn.com</a>); Karen Sturnick (<a href="mailto:karensturnick@msn.com">karensturnick@msn.com</a>) <a href="mailto:karensturnick@msn.com">karensturnick@msn.com</a>) <a href="mailto:karensturnick@msn.com">karensturnick@msn.com</a>); Karen Sturnick (<a href="mailto:karensturnick@msn.com">karensturnick@msn.com</a>) <a href="mailto:karensturnick@msn.com">karensturnick@msn.com</a>);

Margaret Taylor (<u>margarettaylor65@msn.com</u>) < <u>margarettaylor65@msn.com</u>>; Marti Anthony

(MARTHA679@msn.com) < MARTHA679@msn.com >; Sandra Goodwick (sgoodwick@aol.com) < sgoodwick@aol.com >;

Susan Conniry (susan@careforthefuture.org) <susan@careforthefuture.org>

**Cc:** Moss, Jody M. (DSHS/AAA/OLYMPIC) < <u>jody.moss@dshs.wa.gov</u>>; Laase, CarolAnn (DSHS/AAA/OLYMPIC)

<<u>carolann.laase@dshs.wa.gov</u>>; Housden, Janis M. (DSHS/AAA/OLYMPIC) <<u>janis.housden@dshs.wa.gov</u>>; Cepoi, Laura J.

(DSHS/AAA/OLYMPIC) < <a href="mailto:laura.cepoi@dshs.wa.gov">laura.cepoi@dshs.wa.gov</a>>

Subject: July Advisory Council Meeting Link

## Good Morning Everyone!

Below please find the link to the Advisory Council meeting next Tuesday, July 20.

If you are joining by phone, the meeting ID, passcode, and number are below as well.

Topic: O3A Advisory Council Meeting

Time: July 20, 2021 10:00 AM Pacific Time (US and Canada) RECURRING

### Join Zoom Meeting

https://us02web.zoom.us/j/86851360849?pwd=TmRxRitkdTgrNkt2Z0V3aFB3RXBtZz09

Meeting ID: 868 5136 0849

Passcode: 063910

Dial by your location

+1 253 215 8782 US (Tacoma)

### Ingrid Henden

Contract Specialist Olympic Area Agency on Aging

O: 360-379-5064

C: 360-302-1986 (best option!) ingrid.henden@dshs.wa.gov



## Olympic Area Agency on Aging

2200 W. Sims Way, Suite 100 Port Townsend, WA 98368 www.o3a.org

Phone: 360-379-5064 or 1-866-720-4863 Fax: 360-379-5074

### **MEMORANDUM**

**Date:** July 20, 2021

**To:** O3A Advisory Council

From: Ingrid Henden, Contract Specialist

**RE**: AC Member Recommendations – Grays Harbor Representatives

There are several vacancies for Grays Harbor representatives on the Advisory Council. After recruitment efforts, we received applications for these local positions and interview the candidates.

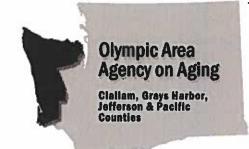
### **Grays Harbor Representatives:**

Tom Edwards has been involved in his community throughout his retirement. He drove a bus in Seattle for over 30 years and has served on multiple commissions. He grew up around children with disabilities and advocated strongly for them. As an adult with disabilities he would like to work to improve the living experiences of older adults and adults with disabilities in Grays Harbor and surrounding counties. Advisory Council Vice-Chair Becca Knievel and Local Elected Representative Susan Conniry participated on the June 28 interview panel with Ingrid Henden.

Laura Morris has been with the Tacoma Fire Department for 10 years, currently managing their non-emergency medical service division, providing case management and other medical services to chronically ill adults. She has worked often with the Pierce county AAA for referrals and resources for this population. She has recently moved to Grays Harbor, and wants to become involved to create healthy and thriving communities that support older adults. Advisory Council Vice-Chair Becca Knievel and Local Elected Representative Susan Conniry participated on the June 29 interview panel with Ingrid Henden.

The panel unanimously recommends Tom Edwards and Laura Morris for two of the vacant Grays Harbor Representative positions.

**PROPOSED MOTION:** The Olympic Area Agency on Aging Advisory Council recommends the Grays Harbor Board of County Commissioners appoint Tom Edwards and Laura Morris to three-year terms as two of the Grays Harbor Representatives on the Olympic Area Agency on Aging Advisory Council.



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### **APPLICATION FOR ADVISORY COUNCIL MEMBERSHIP**

Name:	Laura Morris	Laura Morris				
Address:			<del></del>			
Telephone:	(home)	(work)	(cell)	144		
Email:		h				
In what field of w	ork have you beer	n most involved? Healthcare	, government, adult me	edical services		
from each county	in our service area	The Advisory Council consis a, plus 5 regional positions as Clallam Jefferson Grays F	below listed (21 in all)			
Regional Disabilities		Regional Elected Official				
(St	tate Council on Agi	ng liaison is appointed by the	Governor)			
We are required ethnic groups and	•	ericans Act to ensure appro	opriate representation	n of		
Your Ethnicity: Ca	aucasian	60+ years of age?	Yes <u>X</u> No			
Please list two re	ferences who have	known you for more than o	ne year.			
1. Mary Hallman		Phone				
2		Phone				
55						

Please list your community service experience:

Board Member for Oasis of Hope Center

Youth Leader at Puyallup Nazerene Church for 6 years

Advisory Council for Beacon Health Options Pierce County ASO

Describe your experience/interest in aging and/or disability issues:

I currently work for the City of Tacoma Fire Department and manage our non-emergency medical service division. This division provides case management and other medical services to adults residing in our juridiction. I have managed operations at TFD for 10 years.

Why would you like to serve on the Advisory Council?

I would like to serve on the Advisory Council beacuse I believe healthy and thriving communities support

older adults. I am skilled in strategic planning, goal-setting, and action and I would like the opportunity

Time commitment: The full Advisory Council meets the third Tuesday of every month (except December, and usually a summer break in July or August). Meetings are being held via Zoom and/or conference call during the COVID-19 pandemic. In person meetings, when we are able to resume those once more, are held at the Civic Center in Shelton, WA. Meetings are generally from 10:00 a.m. – 12:30 p.m. Mileage is reimbursed at the IRS rate and lunch is provided for in-person meetings. There are occasional additional meetings, dependent upon committee assignments or for special activities and projects. A brief list of "Advisory Council Roles and Responsibilities" is included for your reference with this application. In addition, each Council member is required to serve on at least one standing committee. Current committees are: Advocacy/Outreach, Allocations, and Planning.

I am aware of the time commitments involved, and if selected, I believe I will be able to fulfill them.

Land	
	5/11/21
Applicant's Signature	Date

to use these skills to better the community I live in.

Thank you for your application! Please return this form with any additional written materials you would like us to consider in the review of your application to:

Ingrid Henden, Program Manager, Olympic Area Agency on Aging, 2200 W. Sims Way, Unit #100, Port Townsend, WA 98368. FAX = (360) 379-5074. Email: <a href="mailto:lngrid.henden@dshs.wa.gov">lngrid.henden@dshs.wa.gov</a>



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### **APPLICATION FOR ADVISORY COUNCIL MEMBERSHIP**

Name:	_Tom Edwards			
Address:				
Telephone:	(home)	(work)	(cell)	_
Email: In what field of wo	rk have you been	most involved?b	ous driver/Transit operator	
•		•	il consists of four representativitions as below listed (21 in all):	/es
X_ County (circl	e which county):	Clallam Jefferson	Grays Harbor Pacific	
Regional Tribal		Regional Minority		
Regional Disa	abilities	Regional El	lected Official	
(Sta	te Council on Agir	ng liaison is appointe	d by the Governor)	
We are required be ethnic groups and o	-	ericans Act to ensu	re appropriate representation	of
Your Ethnicity:v	white 60	+ years of age?X_	Yes No	
Please list two refe	rences who have	known you for more	e than one year.	
1Pam Davis	S Phone			
2Lyle Groei	nenveldPho	ne		

Please list your community service experience: Home Owners Association, Puyallup Freezing Nights volunteer, Security at Lighthouse
Christian, Orting Planned Use Commission, Bonney Lake Parks Commissioner with focus on
ADA compliance, Youth volunteer at Woodinville Alliance Church (WAC), Head of Men's
Ministry at WAC, Amalgamated Transit Union (ATU) Local 587 Shop Steward, Metro
Employees Entertainment Committee
Describe your experience/interest in aging and/or disability issues:
I'm 71 years old. I'm part of the aging group in this area. As a person with disabilities I can
relate to the daily living experiences. I'm familiar with ADA requirements and notice when
businesses are out of compliance.
Why would you like to serve on the Advisory Council?
I would like to serve on this council to improve the living experiences of the aging and
disabled community in Grays Harbor and surrounding counties.
Time commitment: The full Advisory Council meets the third Tuesday of every month (except December, and usually a summer break in July or August). Meetings are being held via Zoom and/or conference call during the COVID-19 pandemic. In person meetings, when we are able to resume those once more, are held at the Civic Center in Shelton, WA. Meetings are generally from 10:00 a.m. – 12:30 p.m. Mileage is reimbursed at the IRS rate and lunch is provided for in-person meetings. There are occasional additional meetings, dependent upon committee assignments or for special activities and projects. A brief list of "Advisory Council Roles and Responsibilities" is included for your reference with this application. In addition, each Council member is required to serve on at least one standing committee. Current committees are: Advocacy/Outreach, Allocations, and Planning.
I am aware of the time commitments involved, and if selected, I believe I will be able to fulfill them.
Annlicant's Signature Date

Thank you for your application! Please return this form with any additional written materials you would like us to consider in the review of your application to:

Ingrid Henden, Program Manager, Olympic Area Agency on Aging, 2200 W. Sims Way, Unit #100, Port Townsend, WA 98368.

FAX = (360) 379-5074. Email: <a href="mailto:lngrid.henden@dshs.wa.gov">lngrid.henden@dshs.wa.gov</a>

# The Advisory Council of the



Olympic Area Agency on Aging Meeting Minutes for June 15, 2021 Location: Conference Call

**MEMBERS PRESENT:** Becca Knievel, Vice Chair; Charla Wright; Connie King; Dale Jacobson; Denny Evans; Ginny Adams; Margaret Taylor; Marti Anthony; Sandy Goodwick; Susan Conniry

**MEMBERS ABSENT:** Beth Pratt, Chair; Carolyn Lindley; Jane Lauzon; Joe Sharkey; Karen Sturnick; Tobi Buckman

**O3A STAFF PRESENT:** Laura Cepoi, Executive Director; Jody Moss, Director, Contracts Management & Planning; Janis Housden, Program Manager; Ingrid Henden, Program Manager.

**GUESTS:** Marki Lockhart & Kathy Morgan, OlyCAP; Debra Knutson, Home & Community Services

**CALL TO ORDER:** 10:04 a.m. by Becca Knievel, Vice Chair.

**NEW BUSINESS/CHANGES to AGENDA: None.** 

**PUBLIC COMMENT: None** 

**SELECT COG MEETING REPRESENTATIVE:** Marti volunteered for the July 1 COG meeting which will be held over a conference call.

**REVIEW/APPROVE MEETING MINUTES:** A motion to approve the minutes from May as written was made by Susan, with a second by Ginny. **Motion Passed.** 

OlyCAP Housing Presentation: Marki Lockhart & Kathy Morgan

Kathy presented on the shelter, housing and rental assistance options provided by OlyCAP in Clallam and Jefferson counties. Marki provided information on the energy assistance and weatherization programs available through OlyCAP in both counties.

### **EXECUTIVE DIRECTOR REPORT:** Laura Cepoi

Laura announced that June is Elder Abuse Prevention Month and today, June 15, is World Elder Abuse Prevention Day, recognized by the UN. Five facts about elder abuse: 1) it mostly happens at home; 2) it happens to 1 in 10 older adults; 3) finances are at the highest risk 90% (typical victim is 79 year old woman who loses \$80,000); 4) 9 of 10 abusers are relatives; 5) most go unreported, only 1 in 6 are reported.

Laura reviewed the legislative priorities for this year; while the governor vetoed some funding there is still \$140 million in the budget for long-term services and supports. This is a once-in-a-generation amount of funding, and a big turn around from the expected budget cuts last year. We are still under emergency declaration and have more flexibility in spending these funds to boost local services. W4A is looking to support the workforce and has 3 priorities: 1) lower the case management ratio – we are currently at 1:85, it should be 1:75, and there are talks of a 1:50 ratio because as case managers start doing in-home assessments again they are going to see clients who have declined and have higher acuity needs than before the pandemic; 2) raising the Personal Needs Allowance rate to 300% of poverty level – this would eliminate co-pays for long-term care clients; and 3) presumptive

eligibility for community care, to get people out of hospitals quickly and equal the presumptive eligibility options available to residents of facilities. W4A is also looking at education and outreach on the Long Term Care Trust Act and the options available. The LTCTA will start deducting from paychecks in January 2022; want to ensure people understand that it can buy 4 months of care in a facility or 20 hours of in-home care a week for a year.

**CONTRACT MANAGEMENT AND PLANNING DIRECTOR REPORT:** *Jody Moss* Ingrid reviewed the 1<sup>st</sup> quarter 2021 Service Report with the council.

OlyCAP has had a change in their staffing of the Senior Nutrition program. Maria Logan resigned as the Nutrition Manager; Kathy Scully is currently serving in the position.

Ingrid provided an update on the Area Plan survey we have received 171 responses, which is almost half of a 4 year survey. Responses by county are: Jefferson 45%; Clallam 27%; Grays Harbor 20%; and Pacific 3% each for north and south. The Key Informant survey has 43 responses from area providers on how COVID impacted them and their services.

### **LOCAL MEMBER REPORTING:**

- Connie reported that she was able to reach Charlene at Shoalwater; setting up a meeting in a few weeks. Saturday, July 3 is the Tokeland parade.
- Dale commented that there are lots of people visiting ocean beaches, and about half are wearing masks; there are concerns about more infections given how crowded the towns are with visitors.
- Susan announced the Sand and Sawdust festival is coming up and then the 4<sup>th</sup> of July when Ocean Shores is inundated with visitors; locals are wary of the large influx of people.
- Ginny reported that the National Council on Aging conference was last week and she attended virtually where she saw the film *Duty Free*, which has been described as a love letter from a son to his mother, and covers transitions, caregiving, and ageism.

**STATE COUNCIL ON AGING (SCOA) REPORT:** *Joe Sharkey* SCOA meets next week, minutes will be sent out as they are available.

**PUBLIC COMMENT:** No public present.

**MEETING ADJOURNED:** The meeting was adjourned by consensus at 11:45 a.m.