

O3A ADVISORY COUNCIL AGENDA



- Meeting Date:** Tuesday, March 16, 2021
Time: 10:00 a.m. – 12:30 p.m.
Location: Via Conference Call – Zoom
Call Info: ZOOM meeting – see email for instructions
Copy also enclosed behind agenda (p.1)
-

Elizabeth Pratt, 2021 Chair

- Call to Order
- Welcome new members
 - Martha Anthony, Jefferson
 - Margaret Taylor, Jefferson
 - Susan Conniry, Local Elected Representative
 - Karen Sturnick, Minority Representative
- Roll Call (Verbal verification from membership roster) **Roll Call**
- New Business/Changes to Agenda
- Public Comment
- Select April COG Meeting Attendee(s) **Select**
- Membership Review / Approval
 - Application of Sandra Goodwick, Disabilities Representative (p.2-4) **Motion to Approve - Regional**
- Review/Approve Minutes for February 16, 2021 (p.5-7) **Motion to Approve**
- 2021 Committee Chairs Appointed (p.8) **Appointments**
 - Committee Descriptions (p.9)

Laura Cepoi, Executive Director

- Legislative Update
 - Vaccination Funding
- Report**

Jody Moss, Director, Contracts & Planning

- Older Americans Act RFP
 - Allocations Committee Meeting
 - Update
 - COVID Updates
 - Health Homes New Care Coordinating Organizations and Lewis Mason Thurston Role
- Report**

Local & Committee Reports/Announcements

Reports

State Council on Aging – Joe Sharkey

Elizabeth Pratt, 2021 Chair

- Public Comment
 - Adjourn Meeting
- Adjourn**

Next Advisory Council meeting: April 20, 2021 via ZOOM.
Next COG meeting: Thursday, April 1, 2021 a.m. by video conference/call.

From: [Housden, Janis M. \(DSHS/AAA/OLYMPIC\)](#)
To: [Laase, CarolAnn \(DSHS/AAA/OLYMPIC\)](#)
Subject: zoom info
Date: Tuesday, May 12, 2020 4:02:15 PM

Hi Everyone: Here is the reoccurring AC Zoom Meeting information (as an Outlook invitation). I did not include any AC members because I do not know who uses Outlook. ;)

Join Zoom Meeting by clicking on link:

<https://dshs-wa.zoom.us/j/92456831381?pwd=eTJmK1VnTWhsaFM1YzZHYXE4ekNZUT09>

Meeting ID: 924 5683 1381

Password: 123456

One tap mobile

+12532158782,,92456831381#,,1#,123456# US (Tacoma)

Dial by your location

+1 253 215 8782

Meeting ID: 924 5683 1381

Password: 123456

Janis

Janis M. Housden, Program Manager

Contracts and Planning Unit

Olympic Area Agency on Aging

Practice Compassion during COVID-19

2200 W. Sims Way, Suite 100, Port Townsend, WA 98368

Office: (360) 379-5064

Mobile: (360) 301-4859

www.o3a.org/

Sign up for O3A's *Trending Healthy* Newsletter at www.O3A.org.



Olympic Area Agency on Aging

2200 W. Sims Way, Suite 100

Port Townsend, WA 98368

www.o3a.org

Phone: 360-379-5064 or 1-866-720-4863 Fax: 360-379-5074

MEMORANDUM

Date: March 8, 2021
To: O3A Advisory Council
From: Ingrid Henden, Program Manager
RE: AC Member Recommendations – Regional Disabilities Representative

The regional Disabilities Representative position on the Advisory Council has been vacant for several months. After several recruitment efforts, we received applications for this regional position. Recently, we've had the opportunity to interview several candidates.

Disabilities Representative:

We received several applications for the Disabilities Representative position. After interviewing all interested candidates, Sandra Goodwick received the recommendation from the panel. Sandra has been an advocate for people with disabilities for many years. She is knowledgeable about the resources available and the needs of people with disabilities, as well as how those needs may change as people age. Advisory Council Chair Beth Pratt and Vice-Chair Becca Knievel participated on the February 11 interview panel with Ingrid Henden.

The panel unanimously recommends Sandra Goodwick for the Disabilities Representative position.

PROPOSED MOTION: The Olympic Area Agency on Aging Advisory Council recommends the Council of Governments appoint Sandra Goodwick to a three-year term as the Disabilities Representative on the Olympic Area Agency on Aging Advisory Council.



Olympic Area Agency on Aging

Clallam, Grays Harbor, Jefferson & Pacific Counties

Olympic Area Agency on Aging

2200 W. Sims Way, Unit #100
Port Townsend, WA 98368

www.oaa.org

Phone: 360-379-5064 or 1-866-720-4863 Fax: 360-379-5074

APPLICATION FOR ADVISORY COUNCIL MEMBERSHIP

Name: Sandra Goodwick ("Sandy")

Address: [Redacted]

Telephone: (home) [Redacted] (work) [Redacted] (cell) [Redacted]

Email: [Redacted]

In what field of work have you been most involved? Education / Special Education; Disability rights / advocacy (students, community)

Membership Position Applied for: The Advisory Council consists of four representatives from each county in our service area, plus 5 regional positions as below listed (21 in all):

I live here
 County (circle which county): Clallam Jefferson Grays Harbor Pacific

Regional Tribal Regional Minority

Regional Disabilities Regional Elected Official

(State Council on Aging liaison is appointed by the Governor)

We are required by the Older Americans Act to ensure appropriate representation of ethnic groups and older adults:

Your Ethnicity: White 60+ years of age? Yes No

Please list two references who have known you for more than one year.

1. Betty Bates Phone [Redacted]

2. Jane Engleman Phone [Redacted]

*Advocates for Independence, Individual Choice and Quality Community Services
Serving Older Persons and Persons with Disabilities*

Please list your community service experience:

- 1) Chairman/ Council member - Disability Rights WA (2017-2020)
- 2) Saish BH/ASD Advisory Council member (2017-current)
- 3) WATAP - Advisory Council member (WA. Assisted Tech)

Describe your experience/interest in aging and/or disability issues:

Was born w/ one disability & have acquired others over the years. Recognized problems in special ed/ advocated for change. Familiar w/ both mental health issues & assistive technology in WA.

Why would you like to serve on the Advisory Council?

Because I know how complex disabilities can become as one ages. I believe in honoring the voices of those with "lived experience".

Time commitment: The full Advisory Council meets the third Tuesday of every month (except December, and usually a summer break in July or August). Meetings are being held via Zoom and/or conference call during the COVID-19 pandemic. In person meetings, when we are able to resume those once more, are held at the Civic Center in Shelton, WA. Meetings are generally from 10:00 a.m. – 12:30 p.m. Mileage is reimbursed at the IRS rate and lunch is provided for in-person meetings. There are occasional additional meetings, dependent upon committee assignments or for special activities and projects. A brief list of "Advisory Council Roles and Responsibilities" is included for your reference with this application. In addition, each Council member is required to serve on at least one standing committee. Current committees are: Advocacy/Outreach, Allocations, and Planning.

I am aware of the time commitments involved, and if selected, I believe I will be able to fulfill them.

Sandra Gradusich
Applicant's Signature

12/18/2020
Date

Thank you for your application! Please return this form with any additional written materials you would like us to consider in the review of your application to:

Carol Ann Laase, Administrative Systems Manager, Olympic Area Agency on Aging,
2200 W. Sims Way, Unit #100, Port Townsend, WA 98368.
FAX = (360) 379-5074. Email: Carolann.laase@dshs.wa.gov.

The Advisory Council
of the
Olympic Area Agency on Aging
Meeting Minutes for February 16, 2021
Location: Conference Call

DRAFT

MEMBERS PRESENT: Elizabeth Pratt, Chair; Becca Knievel, Vice Chair; Charla Wright; Eldred Gilpin; Ginny Adams; Jane Lauzon; Joe Sharkey.

MEMBERS ABSENT: Carolyn Lindley; Dale Jacobson; Tobi Buckman.

O3A STAFF PRESENT: Laura Cepoi, Executive Director; Jody Moss, Director, Contracts Management & Planning; Janis Housden, Program Manager; Ingrid Henden, Program Manager.

GUESTS: Alison Lowe, Benefits Director, PACCAR.

CALL TO ORDER: 10:05 a.m. by Elizabeth Pratt, Chair.

NEW BUSINESS/CHANGES to AGENDA: None.

PUBLIC COMMENT: No comments.

SELECT COG MEETING REPRESENTATIVE: Ginny and Charla volunteered for the March 4 COG meeting which will be held over a conference call.

MEMBERSHIP REVIEW/APPROVAL: The council reviewed the applications and recommendations for positions in Jefferson and Pacific counties, and for Minority and Local Elected representatives. Motion to recommend the Jefferson county candidates Martha Anthony and Margaret Taylor was made by Ginny with a second by Becca. **Motion Passed.** Motion to recommend the Pacific county candidates Denny Evans and Connie King was made by Charla with a second by Joe. **Motion Passed.** Motion to recommend the Local Elected representative candidate Susan Conniry and Minority representative candidate Karen Sturnick was made by Joe with a second by Becca. **Motion Passed.**

Jody reported that Pam Tuttle and Vicki Schmidt have both resigned their positions from the council. O3A will coordinate advertising for new council members in Grays Harbor.

REVIEW/APPROVE MEETING MINUTES: A motion to approve the minutes from January as written was made by Charla, with a second by Ginny. **Motion Passed.**

2021 COMMITTEE SIGN-UPS: Jody reviewed the council subcommittees and asked council members to sign up for at least one. Council members can serve on more than one committee, and each committee must have representation from all four counties. Committee membership can be adjusted after the new members are appointed by their respective governing boards.

- **Advocacy/Outreach:** Eldred, Charla, Ginny, Jane, Beth
- **Planning:** Eldred, Joe, Becca, Jane, Beth
- **Allocations:** Eldred, Joe, Charla, Becca, Ginny, Jane

EXECUTIVE DIRECTOR REPORT: *Laura Cepoi*

Laura reported that O3A is expecting to receive more COVID-19 relief funding in 2021: including senior nutrition services and other services, funding will also combat social

isolation through a robotic pets program and there may be an opportunity to receive funding for supporting vaccine distribution in our region.

Laura updated the council on legislative issues, including meeting with legislators and current bills of interest. Laura, Jody, and Kate White-Tudor, W4A Legislative Advocate, met with Senator Van de Wege in January to discuss funding for the Long Term Care Trust Act (LTCTA). There are a couple of adjustments we would like to see made to the LTCTA this session: 1) fix who is eligible to include Tribal members and people with disabilities; 2) opt-out option for those who already have coverage; 3) opt-in option for those who are self-employed; and 4) give the LTCTA the ability to securely invest funds in the stock market to ensure long-term viability. Senior Lobby Day has been officially canceled. O3A staff have been trying to schedule Zoom meetings with our legislators with little success. We are still trying to schedule a meeting with Reps. Tharinger and Chapman. Beth asked how the council can support the advocacy effort? Answer: Contact your legislators through email, letters, calls to let them know what you think.

Ginny asked about COVID funding and what services can be provided? Senior nutrition, support services, family caregiver, health promotion are covered through the funding disbursed through the OAA. We have been encouraging providers to use for one-time only purchases that can be directly tied to pandemic needs. If we can bolster our infrastructure now to provide resources and services, then we will be better prepared for the next disaster/emergency. Jody has talked with OlyCAP about expanding services to underserved areas.

Ginny coordinated with the North Olympic Library System to offer the Aging Mastery Program (AMP). Janis has not yet heard from ALTSA if AMP is eligible for evidence-based program funding as it is evidence-informed. Janis would like to include the program again in the Trending Healthy newsletter. Ginny said the program is slowing down outreach since funding ends in November 2021; she will confirm if that is the case and let Janis know.

CONTRACT MANAGEMENT AND PLANNING DIRECTOR REPORT: *Jody Moss*

Jody discussed the brainstorming meeting that she, Joe, Ginny, and Charla had to discuss senior nutrition in our region. The meeting was focused on the north counties as there was no south county representation on the call. An update to the notes is that home delivered meals are being delivered in Quilcene and Brinnon; there is no congregate or pick-up service in Port Townsend. We are looking at what groups presently exist to help with nutrition, and how can we coordinate efforts? There is a great network of food banks in Jefferson & Clallam that share resources and information. Jody commented that Nutrition Directors are currently completing the nutrition RFP which is due in March; we'll follow-up with them after the RFP is completed so as to not overwhelm them. Jody also asked the council to think about how they can be more involved to work with local providers and food banks to help resolve these issues so that it is not entirely staff dependent. Charla asked if Sequim has home delivered meals? Yes, both home delivered and congregate pick-up meals are available.

Ginny asked if O3A is developing a phone check-in for socially isolated seniors? Jody shared with the council about Social Call, a free program that O3A has partnered with Covia to provide. Social Call matches volunteers with individuals for a regular, old

fashioned, friendly phone chat. This can be a group chat as well as a simple one on one call. Video chats are also available if you have that technology and want to use it. Social Call is about building friendships over time. Volunteers are matched based on interests, and are trained in helping conversations happen. O3A is working to match home delivered meal recipients with Social Call.

Jody reviewed the service report for the 4th quarter. The greatest need areas over performed: Nutrition, Case Management, Ombudsman, Family Caregiver, and Respite. Transportation ended much lower than originally anticipated, which is not surprising. We are concerned that there were fewer Information & Assistance (I&A) contacts and Statewide Health Insurance Benefits Advisors (SHIBA) also saw a significant drop. Unfortunately, people aren't getting the information they need. We will need to adjust our goals for 2021 rather than basing off the previous year's performance.

Janis presented information on the two respondents to the Evidence Based Programs RFP: Powerful Tools for Caregiving and Moving for Better Balance. Charla moved that both programs receive the awards as presented, with a second by Becca. **MOTION PASSED.**

LOCAL MEMBER REPORTING:

Council members provided the following reports on their communities:

- Charla reported that the Olympic Medical Foundation is hosting the annual Red, Set, Go virtually this year. During the month of February participants can run, walk or swim the event distance(s); it can be completed all in one day or throughout the month. All participants receive a shirt (long sleeve shirt), finisher medal and race bib.
- Jane announced that AARP is providing tax assistance in Grays Harbor and Pacific counties. Call 253-448-3605 for information.

STATE COUNCIL ON AGING (SCOA) REPORT: *Joe Sharkey*

SCOA meets next week, minutes will be sent out as they are available.

PUBLIC COMMENT: Alison commented that she is impressed with the work the council does and thanked Laura for the legislative update. Jody offered to follow-up with Alison regarding the LTCTA.

MEETING ADJOURNED: The meeting was adjourned by consensus at 11:21 a.m.

2021 Draft Advisory Council Committee Memberships

Advocacy/Outreach:

- *Carolyn Lindley*
- Charla Wright
- Eldred Gilpin
- Elizabeth Pratt
- Ginny Adams
- Jane Lauzon
- *Tobi Buckman*

Committee Chair: _____

Clallam
Clallam
Pacific
Clallam
Jefferson
Grays Harbor
Grays Harbor

Planning:

- Becca Knievel
- *Carolyn Lindley*
- Eldred Gilpin
- Elizabeth Pratt
- Jane Lauzon
- Joe Sharkey

Committee Chair: _____

Jefferson
Clallam
Pacific
Clallam
Grays Harbor
Clallam

Allocations:

- Becca Knievel
- *Carolyn Lindley*
- Charla Wright
- *Dale Jacobson*
- Eldred Gilpin
- Ginny Adams
- Jane Lauzon
- Joe Sharkey
- *Tobi Buckman*

Committee Chair: _____

Jefferson
Clallam
Clallam
Pacific
Pacific
Jefferson
Grays Harbor
Clallam
Grays Harbor

Notes:

- Dale, Carolyn, and Tobi in *italics* as they were absent in February --- above is the committee they were on last year but they may want to change

2021 Advisory Council Committees

Following is a brief review of the three advisory council formal committees. Each AC member is asked to serve on at least one committee, but of course you can serve on as many committees as desired. A sign-up sheet for 2021 committees will be circulated at the February 16, 2021 meeting. For reference, a list of last year's committee membership is included with this memo. For your consideration as you contemplate which committee to sign up for, here is a description of current committee activities this year:

Advocacy/Outreach: The Advocacy/Outreach Committee focuses on:

- Legislative Advocacy primarily at the state and local level. Activities include email and telephone response to advocacy requests through O3A, and attendance if possible at state-wide regional advocacy events such as Senior Lobby Day in February.
- Local Advocacy including email and telephone response to local advocacy requests through O3A, and scheduling one-on-one conversations with local elected officials and stakeholders to discuss issues important to seniors. Occasionally assist O3A with outreach efforts at local events such as information fairs.

Planning: The Planning Committee:

- Assists O3A staff in planning, preparation, and review of the four year Area Plan and the Area Plan/Update. The update will happen this summer and fall!
- May assist in other planning activities throughout the year.

Allocations: The Allocations Committee:

- Assists O3A staff in the review of contracting proposals. This year there is the 3-year open bid process for programs funded by the Older Americans Act (for contracts in 2022-2024).
- Review with O3A staff annual service contracting recommendations to the Council of Governments for programs such as senior nutrition, volunteer transportation and legal services. This activity for 2022 contracts will take place in the fall, if not accomplished with the 3-year RFP process.