

# Port Hadlock Caregiver Support Group

For Caregivers of Those with Memory Loss

**A safe place for unpaid family caregivers,  
their family and friends to:**

- **Exchange practical information on caregiving problems and possible solutions**
- **Talk through challenges & ways of coping**
- **Share feelings, needs & concerns**
- **Learn about resources available in the community**



**2nd Monday of each month  
10:30 am-12:00 pm**

**Port Hadlock Community  
United Methodist Church  
130 Church Lane  
Port Hadlock, WA 98339**

**Contact group facilitator:  
Patricia Smith, (360) 379-4186**

*All of our support groups are facilitated by Chapter trained individuals.*

alzheimer's  association

Alzheimer's Association Washington State Chapter  
Serving Washington & Northern Idaho  
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