

LINKS TO ADVANCED CARE PLANNING RESOURCES*

Name of Form/Process	End of Life Washington (formerly Compassion and Choices WA)	Washington State Medical Association / Honoring Choices	Legal Zoom	The Five Wishes	End of Life Washington Alzheimer's Disease/Dementia Mental Health Directive	Northwest Justice Project
Available From	EndofLifeWa.org	Many hospitals, clinics, doctors; Downloadable from wsma.org/advance-directives	legalzoom.com/personal/estate-planning/living-will-overview.html	Sample: agingwithdignity.org/docs/default-source/default-document-library/product-samples/fwsample.pdf?sfvrsn=2	endoflifewa.org/alzhaimers-diseasedementia-advance-directive/	washingtonlawhelp.org/issues/aging-elder-law/powers-of-attorney-health-care-directives
Cost of Form	Free	Free	\$39	\$5	Free	Free
Includes appointment of Surrogate Medical Decision Maker (Medical Power of Attorney)	yes	yes	yes	yes	No, only provides for Mental Health Care Agent	yes
Includes Living Will (Health Care Directive)	yes	yes	yes	yes	No, only provides for Mental Health Care Agent	yes
Complies with WA State Law**	yes**	yes**	yes**	yes**	yes**	yes**
Instructions / Explanations Included	yes	minimal	Not on form - Available on website	yes	yes	yes/video as well
Preparation Required to Fill Out	Recommends using Values Worksheet and discussion with family and friends	None suggested / Honoring Choices encourages - plans discussions	None suggested	Discussion encouraged	Highly recommends getting help from professionals such as a mental health professional, geriatric care manager or elder law attorney	None - suggests sharing/having a conversation with close family or friends.
Length of Form /Comprehensiveness of Questions	Long - Questions emphasize medical care	Short - Not as comprehensive	Short - written in legal language	Long - Some questions on medical care, but focus is on emotional / social questions	Very Long - specific and comprehensive	Short - with good explanations and definitions

*These are not the sole choices available for Advance Care Planning.

**Recent changes to WA State Law now require that all forms must be notarized. Other states may have different regulations, therefore it is necessary to check within each state to determine if forms completed in WA State are accepted elsewhere.