

Family Caregiver Support Groups

Clallam, Grays Harbor, Jefferson, and Pacific Counties

Clallam County

After Hours Caregiver Support Group. 6:00 – 7:30 PM, every Thursday. Senior Information & Assistance; 411 W. Washington, Sequim. Contact: Carolyn Lindley, (360) 417-1464 and toll free at (866) 450-3152

Alzheimer's Caregiver Information Group. 9:30-11:30 AM, 2nd Monday of month. Port Angeles Senior Center; 328 E. 7th St. Contact: Mardell Xavier (360) 477-5511.

Alzheimer's Caregiver Support Group. 1:00-2:30PM, 2nd Tuesday of month and 1:30-3:00PM, 2nd Friday of month. Sequim Bible Church, 847 N Sequim Ave, Sequim. Contact: (360) 582-9309.

Bereavement (Grief Recovery) Support Group. 540 E 8th St, Port Angeles. Contact: Rose Crumb (360) 452-1511

Cancer – Operation Uplift. 6:30PM, 3rd Wednesday of month. 118 Liberty St Suite B, Port Angeles. Contact: (360) 457-5141 or visit the website for schedule <http://www.operationuplift.org>

National Alliance on Mental Illness (NAMI). 6:30PM the 3rd Thursday of month, Olympic Medical Center, 939 Caroline St, Port Angeles. (Lower level, West end) Phone (360) 452-5244.

Sequim Caregiver Support Group. 1:00 to 3:00 PM, each Monday. Trinity United Methodist Church, 100 S Blake, Sequim. Contact: Carolyn Lindley, (360) 417-1464 and toll free at (866) 450-3152.

Grays Harbor County

Alzheimer's Caregiver Support Group. 1:30-3:30PM, 3RD Wednesday of month. Methodist Church, 557 Point Brown Ave NW, Ocean Shores. Contact: Alice Hedges (360) 289-0201

Alzheimer's Support Group. 1:00PM, 2nd and 4th Fridays of month. Westport Senior House, 114 E Pacific Ave, Westport. Contact Verna MacDonald at (360) 268-0156.

Domestic Violence Hotline of Grays Harbor. 2306 Sumner, Hoquiam. Call for Support Group information: (360) 538-0733.

Family Caregiver Support Group. 2700 Simpson Ave, Suite 205, Aberdeen. Contact: Eric Nessa (360)538-2458.

Heart – Second Chance Support Group. Grays Harbor Community Hospital, Cardiac Rehabilitation Program, 915 Anderson Dr, Aberdeen. Contact: Gail Genzel (360) 537-5102.

Kinship Care Meet & Greet. 5:30-7PM, 4th Thursday of month. Calvary Lutheran Church, Fellowship Hall, 2515 Sumner Ave, Aberdeen. Contact: Eric Nessa (360) 538-2458.

National Alliance on Mental Illness (NAMI) Washington Coast. 6PM the 2nd Thursday of month. Pearsall Building conference room, 2109 Sumner Ave, Aberdeen. (360) 532-0370.

National Alliance on Mental Illness (NAMI) Washington Coast. 6PM the 3rd Monday of month. Galilean Church, 824 Ocean Shores Blvd, Ocean Shores. (360) 289-4884.

Jefferson County

Alzheimer's Caregiver Support Group. 10:30AM to noon, 1st & 3rd Friday of month. Jefferson Healthcare Hospital, Sunroom on 2nd floor, 834 Sheridan, Port Townsend. Combined meeting for caregivers, family, and friends. Contact: Mark Cherniack (360) 385-2200 ext.2015.

Bereavement (Grief Recovery) Support Group. 2:30 - 4:00 PM, 1st and 3rd Tuesday of month. Jefferson Healthcare Hospital, Wellness area, 834 Sheridan, Port Townsend. Contact: Karrie Cannon (360)385-2200 Ext.4645

Bereavement (Grief Recovery) Support Group. 2:30 - 4:00 PM, 2nd and 4th Thursday of month. Port Ludlow Community Church 9534 Oak Bay Road, Port Ludlow. Contact: Karrie Cannon (360) 385-2200 ext 4645

Domestic Violence/Sexual Assault of Jefferson County. Call for Support Group information: (360) 385-5291.

General Cancer Support Group. 1:30 - 3:00 PM, 2nd & 4th Tuesday of month. Jefferson Healthcare Hospital, 2nd floor Sunroom, Building 29. 834 Sheridan, Port Townsend. Contact: Karrie Cannon (360) 385-0610

National Alliance on Mental Illness (NAMI) Jefferson County. 7-9PM, 1st & 3rd Thursday of month; Jefferson Mental Health Services meeting room (behind Goodwill), 884 W Park St, Port Townsend. Contact: Elaine Nelson (360) 379-9949.

Parkinson's Support Group. 1:30 to 3:30PM, 3rd Monday of month. Jefferson Healthcare Hospital, Puget Room, 834 Sheridan, Port Townsend. Contact: Judith Wolfe, 360-385-2200 ext. 4647 (leave message with Ed Presnal).

Relatives as Parents Program (RAPP). Groups meet monthly in Port Townsend and South Jefferson County. Contact: (360) 385-2536 for more information.

Women's Cancer Group. 2:30-4PM, 2nd Tuesday of month. Jefferson Healthcare Hospital, Wellness Area, 834 Sheridan, Port Townsend. Contact: Karrie Cannon (360)385-2200 ext 4645

Pacific County

Adapting & Growing Cancer Support Group. 5:30-6:30PM, 1st Wednesday of month at the Columbia Memorial Hospital, 2111 Exchange St, Astoria, OR. Contact: (503) 338-4014.

Alzheimer's/Dementia Caregiver's Support Group. 2:00PM, 2nd & 4th Thursday of month at the First Lutheran Church, 103 S Adams, South Bend. Contact: Laurie Johnson (360) 875-5700.

Breast Cancer Support Group. 5:30-7PM, 3rd Tuesday of month at the Columbia House Condominiums in the Party Room. Contact: Nancy Magathan (503) 325-4321.

Diabetes Support Group. Must be added to mailing list for event announcements. Willapa Harbor Hospital, 800 Alder St, South Bend. Contact: Becky Derek (360) 875- 4536.

Grief Support Group. 3-4PM on Wednesdays at the Raymond Timberland Library, 507 Duryea St, Raymond. Sponsored by Harbors Home Health & Hospice. Contact: Delila Thorp (360) 875-5450 .

Grief Support Group. 11AM – Noon, each Wednesdays at the Peninsula Church Center, Fireside Room, 5000 'N' Place, Seaview. Contact: (360) 642-3623.

Kinship Care Meet & Greet. 5:30-7PM, 4th Thursday of month at the Calvary Lutheran Church, Fellowship Hall, 2515 Sumner Ave, Aberdeen. Contact: Eric Nessa (360) 538-2458

Loss & Separation. 12:30-2PM, 1st & 3rd Tuesday of month. Columbia Memorial Hospital, 2111 Exchange St, Astoria, OR. Contact: Education Dept. (800) 962-2407.

National Alliance on Mental Illness (NAMI) Pacific County.

Peninsula Caregivers Support Group. 2-3:30PM, 2nd Wednesday of month. Pacific Utility Building, 9610 Sandridge Rd, Long Beach. Contact: Don Cantrell (360) 642-3787 ext. 266

Willapa Harbor Caregiver's Support Network. 11 AM, 2nd & 4th Tuesdays. United Church of Raymond; 5th & Duryea, Raymond. Contact: Gayle Hatfield, (360) 942-2513.