



Family Caregiver Support Groups

Grays Harbor County

Alzheimer's Caregiver Support Group 1:30-3:30pm, 3rd Wednesday of the month. Methodist Church, 557 Point Brown Ave NW, Ocean Shores.
Contact: Alice Hedges (360) 289-0201

Alzheimer's Support Group 1:00pm, 2nd and 4th Fridays of the month. Westport Senior House, 114 E Pacific Ave, Westport.
Contact Verna MacDonald at (360) 268-0156.

Domestic Violence Hotline of Grays Harbor 2306 Sumner, Hoquiam.
Call for Support Group information: (360) 538-0733.

Family Caregiver Support Group 2700 Simpson Ave, Suite 205, Aberdeen.
Contact: Eric Nessa (360)538-2458.

Heart – Second Chance Support Group Grays Harbor Community Hospital, Cardiac Rehabilitation Program, 915 Anderson Dr, Aberdeen.
Contact: Gail Genzel (360) 537-5102.

Relatives as Parents Support Group 5:30-7pm, 4th Thursday of the month. Calvary Lutheran Church Fellowship Hall, 2515 Sumner Ave, Aberdeen.
Contact: Eric Nessa (360) 538-2458.

National Alliance on Mental Illness (NAMI) Washington Coast 6pm, 2nd Thursday of the month. Pearsall Building conference room, 2109 Sumner Ave, Aberdeen.
(360) 532-0370.

National Alliance on Mental Illness (NAMI) Washington Coast 6pm, 3rd Monday of the month. Galilean Church, 824 Ocean Shores Blvd, Ocean Shores. (360) 289-4884.

Eric Nessa

Information & Assistance
2700 Simpson Ave Suite 205, Aberdeen, WA 98520
(360) 538-2458, (866) 582-1489
eric.nessa@dshs.wa.gov